



FIRST CONGREGATIONAL CHURCH

*No matter who you are, or
where you are on life's journey,
you are welcome here!*

www.fcindy.org
317.257.5397

7171 N. Pennsylvania St.
Indianapolis, IN 46240

@FirstCongregationalUCCIndy

UNITED CHURCH OF CHRIST

Welcome home! We celebrate being a Just Peace making church with an Open and Affirming covenant supporting the LGBTQ community since 1994.

We welcome first time guests and include **all ages** in our worship service. We believe we are called by Jesus to be a transforming presence for God in the world. We are a place to **belong**, a place to **heal** and a place to **love**.

Pastor Sarah's Office Hours	Shannon's Office Hours
Monday – Sabbath Day	Monday – Sabbath Day
Tuesday – 9:00 a.m. – 12:00 p.m.	Tuesday – 9:00 a.m. – 12:00 p.m.
Wednesday – 9:00 a.m. – 12:00 p.m.	Wednesday – 9:00 a.m. – 12:00 p.m.
Thursday – 9:00 a.m. – 12:00 p.m.	Thursday – 9:00 a.m. – 12:00 p.m.
Friday – Out of Office	Friday – 9:00 a.m. – 12:00 p.m.

Pastoral Care:

Pastor Sarah can be reached at (386) 478-9012 or at pastorsarah@fcindy.org.

We celebrate the team of people called to serve on our church staff:

Senior Pastor, Rev. Dr. Sarah Lund
Pastoral Care Associate, Pastor Carol Sowle
Office Administrator, Shannon Abbott
Music Designer/Organist, Sean Baker
Choir Director, Julie Houston
Bell Choir Director, Bob Cook

We celebrate the team of people elected to lead our church:

Rich Gibson, Moderator
Lianna Campos, Vice Moderator
Rev. Dr. Pat Larracey, Clerk
Jim Lootens, Treasurer
George Meier, Financial Secretary

We celebrate the W.I.S.E. Mental Health Team serving in worship today:

Marion Harcourt, Sandy Wood (co-chair), Brandi Pudlo, Rev. Dr. Pat Larracey (co-chair), Larry Eckel, Susan Kent, Judy Larracey

The flowers on the altar are from Cheryl Dillenback in memory of her Dad, Robert George Dillenback.

MAY 19, 2019

MENTAL HEALTH SUNDAY

11 A.M.

*Please speak the **bold**-printed words in unison.*

Asterisk () indicates those who choose to may stand.*

WE GATHER

MUSIC FOR GATHERING

Meditation on Psalm 42:1

D. Wagner

The Lone, Wild Bird

Arr. Paul Hamill

WELCOME

Rev. Dr. Sarah Lund

*CALL to WORSHIP

Marion Harcourt

We welcome all with mental health challenges and their families.

We covenant to serve God with faithfulness.

We include people with mental health challenges in the life of this church and ensure worship is a safe space to speak on mental health issues.

We treat one another with acceptance, love, and compassion.

We support people with mental health challenges and their families.

We bear witness to the world with love.

We engage with outreach and education within our church and beyond.

We live our faith humbly, yet boldly.

(Our WISE guide and FCC Covenant)

*OPENING SONG #17

To You O God, All Creatures Sing

UNISON PRAYER

Dear God, we gather on this Mental Health Sunday, to lift mental illness out of the shadows and into the light, to talk openly about things that are often whispered, if they are talked about at all, and to confront the stigma that keeps people from dealing honestly with matters that are more common than we might care to acknowledge. Bless us with determination and persistence, as we strive to create safe space in our congregation for all people, including those dealing with mental health challenges, whether fleeting or lasting. Realizing that “they” are “us,” help us forge a path forward, together, toward a way of being that highlights empathy, universal compassion, and care for all your children. And give us courage and wisdom to keep the conversation alive, and to make it meaningful and helpful. We ask this in the name of the One who loves us all, no matter who we are or where we are on life’s journey. Amen.

THE PEACE

WE PROCLAIM

MESSAGE FOR ALL AGES

Sandy Wood

ANTHEM

Imagine

J. Lennon, arr. S. Baker

SCRIPTURE

John 13:31-35

Brandi Pudlo

POETRY

“Mental Illness Is...”

SCRIPTURE

Acts 11:1-18

MESSAGES

“Welcoming”

Sandy Wood

“Inclusive”

Rev. Dr. Pat Larracey

“Supportive”

Brandi Pudlo

“Engaged”

Rev. Dr. Sarah Lund

INTERLUDE

Imagine

J. Lennon, arr. S. Baker

SONG #283

Spirit of the Living God

WE RESPOND

SHARING of JOYS and CONCERNS

We invite those who desire to share a joy or concern. Please share your name so that people might get better acquainted. In the power and presence of God we share your joy/prayer.

PASTORAL PRAYER & LORD’S PRAYER

Our Father or Our Mother or Our Creator or Our Sacred Presence, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins as we forgive those who have sinned against us; and lead us not into temptation but deliver us from evil, for thine is the kingdom, the power and the glory forever. Amen.

A LITANY FOR MENTAL HEALTH SUNDAY (see insert)

We Light a Candle for all those with Mental Illness

Adult Class – Sunday, May 26, 9:45 a.m. – will continue reading and discussing "Anxious To Talk About It: Helping White Christians Talk Faithfully About Racism," by Carolyn B Helsel, a Disciples of Christ minister.

Help Wanted: Cookie bakers for receptions. The Memorial Receptions team could use help with providing the home-made cookies for these events. The team will continue to do the set-up, presentation, making coffee, tea, and punch and supplying cheese and crackers, nuts and mints, serving, and cleaning-up. We would appreciate donations of baked goods for these events. The next reception is scheduled for **Saturday, May 25**. If you can help out then or for future receptions, please contact Sue Chapman at carolsuech59@gmail.com or call 317-259-1806. Thank you.

Kid's Night Out! (aka Parent's Night Off!) – Saturday, May 25, 5:00 - 9:00 p.m. – Drop off your kids (ages 3-12) for a fun-filled night of dinner, crafts, and a movie! Please register in advance. Suggested donation of \$10/child. All volunteers have passed a current background check. CPR certified volunteer on site. Contact welcome@fcindy.org with any additional questions.

Time to Sign Up for PRIDE - Saturday, June 8 - There are sign up sheets in the vestibule for activities at Indy's PRIDE celebration. Please indicate as you are able to participate.

* Parade: Usually involves time between 9:30 am - 11:30 and walking about 2 miles. We are looking at carpooling from the church to enable ease of parking.

* Festival Booth: Reserve a two hour time slot between noon and 6 pm. We hope to have 2 -3 members in the booth during these times.

Green Team Tip – Use non-chemical fertilizers for your lawn and garden (NaturaLawn is an option). (If you want to share a green habit, please send it to hoot.gibson.tds@gmail.com.)

May Mission of the Month: UCC Mental Health Network

The May Mission of the Month supports the UCC Mental Health Network. Your FCC WISE Mental Health Team refers to this resource often as we work to become a WISE Congregation with your support. The UCC Mental Health Network works to reduce stigma and promote the inclusion of people with mental illness/brain disorders and their families in the life, leadership and work of the congregation.

Partner with us:

+While the diagnosis and treatment of serious mental illness is undergoing a revolution, the discrimination against persons with mental health concerns is still a fact of life.

+We believe that education through churches is one key to changing this discrimination.

- +We believe that networking together within the UCC and with similar networks in other denominations and faith groups will help us in our efforts.
- +We believe that advocacy for individuals and for social and legislative change will improve the life of many.
- +We believe that through our own policies and within our own ministries we can model for the rest of society how to be caring congregations and a compassionate denomination.

Pantry Items of the Month - During May we are collecting the following items: ramen noodles, macaroni and cheese, canned fruit, muffin mix, and laundry detergent.

THIS WEEK AT FIRST CONGREGATIONAL

Wednesday, May 22	6:30 p.m.	Calling Circle
Thursday, May 23	11:45 a.m.	Women’s Lunch
Thursday, May 23	7:00 p.m.	Choir Rehearsal
Saturday, May 25	2:00 p.m.	Elsie Larson Memorial
Saturday, May 25	5:00 p.m.	Parents’ Night Out
Sunday, May 26	9:45 a.m.	Sunday Adult Class
Sunday, May 26	11:00 a.m.	Worship
Sunday, May 26	12:15 p.m.	Summer Series Planning Meeting

To the parents of our young children: God put the wiggle in children, please don’t feel you have to suppress it in God’s house. You are invited toward the front using the Playground if you like. Keep children engaged by quietly explaining the parts of the service, actions of the pastor, worship leaders, and musicians. Sing, pray, and speak the responses; children learn worship behavior by copying you. The way we adults welcome children in church directly affects how they respond to the Church and to one another. Let all ages know that they are at home in this house of worship. As Jesus said, “Let the children come to me.”

To the members of our congregation: The presence of children is a gift to our church and to our community. They remind us that we are to share and pass on our faith. It is a gift to have children among us. Please welcome our children and encourage their parents with a warm smile.

Thank you.

Today's Scripture (NRSV Translation)

John 13:31-35

³¹ When he had gone out, Jesus said, "Now the Son of Man has been glorified, and God has been glorified in him. ³² If God has been glorified in him, God will also glorify him in himself and will glorify him at once. ³³ Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' ³⁴ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. ³⁵ By this everyone will know that you are my disciples, if you have love for one another."

Acts 11:1-18

Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. ² So when Peter went up to Jerusalem, the circumcised believers criticized him, ³ saying, "Why did you go to uncircumcised men and eat with them?" ⁴ Then Peter began to explain it to them, step by step, saying, ⁵ "I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. ⁶ As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. ⁷ I also heard a voice saying to me, 'Get up, Peter; kill and eat.' ⁸ But I replied, 'By no means, Lord; for nothing profane or unclean has ever entered my mouth.' ⁹ But a second time the voice answered from heaven, 'What God has made clean, you must not call profane.' ¹⁰ This happened three times; then everything was pulled up again to heaven. ¹¹ At that very moment three men, sent to me from Caesarea, arrived at the house where we were. ¹² The Spirit told me to go with them and not to make a distinction between them and us. These six brothers also accompanied me, and we entered the man's house. ¹³ He told us how he had seen the angel standing in his house and saying, 'Send to Joppa and bring Simon, who is called Peter; ¹⁴ he will give you a message by which you and your entire household will be saved.' ¹⁵ And as I began to speak, the Holy Spirit fell upon them just as it had upon us at the beginning. ¹⁶ And I remembered the word of the Lord, how he had said, 'John baptized with water, but you will be baptized with the Holy Spirit.' ¹⁷ If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?" ¹⁸ When they heard this, they were silenced. And they praised God, saying, "Then God has given even to the Gentiles the repentance that leads to life."



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