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# FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

E-pistle for the Week of May 16, 2019

**Dear First Congregational:**

May is Mental Health Awareness Month and this Sunday we will celebrate Mental Health Sunday. Think about a friend or co-worker or family member or neighbor that you can invite them to church this Sunday. Who do you know that might be blessed by a worship service focused on mental health? Did you think of someone? Please consider inviting them.

Most people come to visit a church for the first time through personal invitation. Now is the perfect time. Lots of people don't know that a church like ours exists. Let's spread the good news and share the love.

I look forward to being in worship with you all Sunday!

Blessings,  
Pastor Sarah

## worsnip

### **Adult Class - 9:45 a.m.**

May 19 - will begin "Anxious To Talk About It: Helping White Christians Talk Faithfully About Racism," by Carolyn B Helsel, a Disciples of Christ minister. We will read this book together during the Adult Ed hour, with time set aside to discuss.

### **Sunday Worship Service - 11:00 a.m.**

This Sunday is Mental Health Sunday. We will be led in worship by our W.I.S.E. Mental Health Team.

Scriptures: John 13:31-35

Acts 11:1-18



## **What's Happening at FCC**

### **Poems & Stories: Due THIS SUNDAY, May 19th**

The Mental Health Team is asking for people to share poems and stories on the topic of "LGBTQ and Mental Health." We are collecting these through May 19. Booklets will be assembled to give to visitors to our booth at the PRIDE Festival. Entries may be emailed to Brandi Pudlo: [btudlo@knox.edu](mailto:btudlo@knox.edu).

### **Help Wanted: Cookie bakers for receptions**



The Memorial Receptions team could use help with providing the home-made cookies for these events. The team will continue to do the set-up, presentation, making coffee, tea, and punch and supplying cheese and crackers, nuts and mints, serving, and cleaning-up. We would appreciate donations of baked goods for these events. The next reception is scheduled for **Saturday, May 25**. If you can help out then or for future receptions, please contact Sue Chapman at [carolsuech59@gmail.com](mailto:carolsuech59@gmail.com) or call 317-259-1806. Thank you.

**First United Congregational UCC**

is hosting a

# Kid's Night Out!

(aka Parent's Night Off!!!)

Saturday, May 25th 5-9 pm

Drop off your kids (ages 3-12) for a fun-filled night of dinner, crafts, and a movie!

Please register in advance. There is a suggested donation of \$10 per child in lieu of a registration fee.



- \*All volunteers have passed a background check.
- \*\*There will be a CPR-certified volunteer on site.
- \*\*\*Contact [welcome@fcindy.org](mailto:welcome@fcindy.org) with any additional questions.

**Update on Days for Girls**

# DAYS FOR GIRLS

The cutters and sewers are nearing our goal, and all purchased products have been received thanks to your generosity. Now we need boxes. Bankers' boxes or the kind printer paper comes in are preferred, but others that aren't too big and can be closed are OK as well. Everything will be boxed up and taken to the Indiana-Kentucky Annual Meeting, which begins on May 31. We'd like the boxes to be here at church by May 29 at the latest. They can be left in the nursery. Thank you.

## Picnic Pitch-In: Sunday, June 2



Please plan to attend a pitch-in picnic following worship on Sunday 6/2. The church will provide baked and fried chicken, so please bring salads, desserts, chips, or drinks. A sign-up sheet is available in the Narthex to give an idea of who's bringing what. We'll be sharing fellowship and fun, with a few games also available to participate in. Depending on the weather, we'll gather in the playground or the Mayflower Room.

## Time to Sign Up for PRIDE - Saturday, June 8th

There are sign up sheets in the vestibule for activities at Indy's PRIDE celebration on Saturday, June 8th. Please indicate as you are able to participate.



\* **Parade:** Usually involves time between 9:30 am - 11:30 and walking about 2 miles. We are looking at carpooling from the church to enable ease of parking.

\* **Festival Booth:** Reserve a two hour time slot between noon and 6 pm. We hope to have 2 -3 members in the booth during these times.

Contact Bob Cook with questions or for more information.

**Reduce, Reuse, Recycle Sale, Saturday June 15: 9 a.m. – 2 p.m.**

Plan now to bring your useful (but now useless to you) items to sell.

As in the past, 6-foot tables are \$10; longer 8-foot ones are \$12 this year. You set up, sell, keep the income, and clean up. Items should be brought Friday afternoon – until 7 p.m.



As you do your spring cleaning, set aside those extras that you want to contribute to recycle to someone else while reducing your own inventory. If you think you do not have enough to sell to make purchasing a table feasible, you are still welcome to bring things for the church's table. In that case, please sign up for a couple hours overseeing the sale at that table. We also need a couple of people to be present at the church before the sale (preferably by 8 a.m. – bargain hunters arrive early) and as the sale begins when a crowd is often experienced.

Questions?? Inquiries to any Green Team member: Katie Booth, Nancy Dickinson, Rich Gibson, Bill Gillette, Ann Leatherman, Paul Terheide



**Dress for Success**

Spring Cleaning? Have gently used professional women's clothes you are no longer wearing? Dress for Success can give them to women who can't afford interview clothes to help them be better prepared when job hunting. Put donations in the cloakroom by the sign. Thanks!

**Green Team Tip** 

Use non-chemical fertilizers for your lawn and garden (NaturaLawn is an option). (If you want to share a green habit, please send it to [hoot.gibson.tds@gmail.com](mailto:hoot.gibson.tds@gmail.com).)

**Food Donations for the Northside Pantry**

Donations have been generous and are appreciated. Please keep them coming!

### May Mission of the Month: UCC Mental Health Network



United Church of Christ  
**MENTAL HEALTH NETWORK**

The May Mission of the Month supports the UCC Mental Health Network. Your FCC WISE Mental Health Team refers to this resource often as we work to become a WISE Congregation with your support. The UCC Mental Health Network works to reduce stigma and promote the inclusion of people with mental illness/brain disorders and their families in the life, leadership and work of the congregation.

Partner with us:

+While the diagnosis and treatment of serious mental illness is undergoing a revolution, the discrimination against persons with mental health concerns is still a fact of life.

+We believe that education through churches is one key to changing this discrimination.

+We believe that networking together within the UCC and with similar networks in other denominations and faith groups will help us in our efforts.

+We believe that advocacy for individuals and for social and legislative change will improve the life of many.

+We believe that through our own policies and within our own ministries we can model for the rest of society how to be caring congregations and a compassionate denomination.

Thank you for your support.

### Pantry Items of the Month



During May we are collecting the following items: ramen noodles, macaroni and cheese, canned fruit, muffin mix, and laundry detergent.

### Pastoral Care

Pastor Sarah can be reached at (386) 478-9012 or at [pastorsarah@fcindy.org](mailto:pastorsarah@fcindy.org).

**THIS WEEK AT FIRST CONGREGATIONAL**

<b>Thursday, May 16</b>	<b>1:00 p.m.</b>	Men's Lunch
<b>Thursday, May 16</b>	<b>7:00 p.m.</b>	Choir Rehearsal
<b>Sunday, May 19</b>	<b>9:45 a.m.</b>	Sunday Adult Class
<b>Sunday, May 19</b>	<b>11:00 a.m.</b>	Worship: Mental Health Sunday
<b>Wednesday, May 22</b>	<b>6:30 p.m.</b>	Calling Circle
<b>Thursday, May 23</b>	<b>11:45 a.m.</b>	Women's Lunch
<b>Thursday, May 23</b>	<b>7:00 p.m.</b>	Choir Rehearsal
<b>Saturday, May 25</b>	<b>2:00 p.m.</b>	Elsie Larson Memorial
<b>Saturday, May 25</b>	<b>5:00 p.m.</b>	Parents' Night Out
<b>Sunday, May 26</b>	<b>9:45 a.m.</b>	Sunday Adult Class
<b>Sunday, May 26</b>	<b>11:00 a.m.</b>	Worship
<b>Sunday, May 26</b>	<b>12:15 p.m.</b>	Summer Series Planning Meeting
<b>Sunday, May 26</b>	<b>12:30 p.m.</b>	Worship & Faith Meeting