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# FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

E-pistle for the Week of August 22, 2019

**Dear First Congregational,**

Today I will end my 3.5 day “Pastor’s Protest Fast” by breaking bread with others who joined me in this public witness of advocacy and justice. Later today at 3:30pm we will gather at First United Methodist Church in Noblesville to share our experiences and stories of what it was like to experience a protest fast to raise awareness about child hunger in Indiana.

Following our small group time of fellowship, we will join with hundreds of others for a special event at First United Methodist Church in Noblesville that you all are invited to: “A Fair Shot for All Children” starting at 4:15pm. We will hear powerful testimonies and be inspired to raise our collective voices for justice. I hope to see you there and if you cannot join us, please be praying for our gathering and pray for all who experience food insecurity in Indiana. You can also learn more by going to the Bread for the World website: [www.bread.org](http://www.bread.org)

My sermon on Sunday will be a reflection of this experience of a "Pastor's Protest Fast" and the spiritual insights gained. Thank you for your faithful prayers and support during this time.

Blessings,  
Pastor Sarah

### **Worship**

#### **Adult Class - 9:45 a.m.**

August 25 - Paul Terheide and Rita Hummel, along with Global Ministries mission co-worker Jeanette Salley, will share about their participation in the 2019 CEPAD (Protestant Churches of Nicaragua) International Partnership Encounter in Managua, Nicaragua.

#### **Sunday Worship Service - 11:00 a.m.**

Rev. Dr. Sarah Lund will preach on "Pastor's Protest Fast."  
Scripture: Isaiah 58:9-14

**Nicaragua Day with Buzz & Pitch-In: This Sunday, August 25th** - Jeanette Salley, a missionary to Nicaragua will be our guest at FCC on Sunday, August 25th. Join us in a pitch-in lunch after church and learn about her work as a Christian educator in rural Nicaragua. Our contributions to OCWM help to support her.

#### **Advent Alternative Worship**

Are you interested in joining a creative group to plan and implement an Alternative Worship experience for Advent? Do you want to plan a series of small group studies/experiences? Large group sessions that might include yoga, guided meditation, massage, Reiki, Frankincense and Myrrh? Something else? Any and all creative people welcome! Please see Elizabeth Price after worship this Sunday or email her at [eprice235@gmail.com](mailto:eprice235@gmail.com) The group will convene on **September 8<sup>th</sup>** after church.

### **What's Happening at FCC**



August 22, 2019 at 4:30pm  
Noblesville First United Methodist Church  
2051 Monument St. Noblesville, IN 46060

**TODAY!!! Opportunity with Senator Young! August 22 - Please register!**

The Bread for the World organization is sponsoring a town hall focusing on domestic hunger issues, particularly in regard to children. There will be several speakers highlighting issues and impacts related to hunger throughout childhood (see brochure), and Senator Young will also speak to the topic. He has been a great sponsor of aid packages for fighting childhood hunger globally. We would like to have at least 10 people from our congregation attend this event to learn and to show support and encouragement for fighting childhood hunger domestically! There is a link below and there is a map at the link. For any questions, please call Karen Walker at 317-319-8950.

Help hungry Hoosier kids!

- Indiana ranks 42nd in infant mortality.
- 1 in 6 Hoosier children are food insecure.
- Food insecurity is rampant on college campuses.

Event Purposes:

1. Create urgency to better address child hunger in Indiana, and improve their lives.
2. Deepen engagement of more Hoosiers in solutions to child hunger.

Event Program:

- Dr. Wade Clapp, Chair of Pediatrics, IU School of Medicine, on nutrition & infant mortality
- Andrew Hartley, Superintendent, Plymouth Schools, on good nutrition and academic success
- Dr. Harriet Giles, Auburn Univ Hunger Solutions Institute on hunger on college campuses
- Sen. Todd Young on the reality of a Fair Shot for All Children related to hunger issues
- Dave Miner with a call to action

Sponsored by Bread for the World – Indiana

Register to attend:

<https://www.eventbrite.com/e/a-fair-shot-for-all-children-tickets-64610049397?ref=eios>

**A special invitation from CTS**



Next week 14-week classes begin and [Wednesday, August 28](#), will be our first chapel service of the school year. **President David Mellott** will preach, and the CTS Community is invited to an all-school picnic in the café after the service! Chapel services can be livestreamed [here](#).

### **IKC Women's Retreat – Quiet Spaces: A Time for Meditation & Storytelling (Deadline: August 31st)**



The 2019 IKC Women's Retreat will take place Friday, September 27<sup>th</sup> - Sunday, September 29<sup>th</sup> at the Benedict Inn Retreat and Conference Center in Beech Grove, IN. The retreat will be co-led by Rev. Dr. Monica Ouellette and Rev. Shannon Abbott with additional workshops led by Rev. Sarah Frische-Mouri Hannigan and Paula Neibert. Please plan to join us as we enter into the stories of Mary and Martha, and honor our own stories through creative and unique ways such as *bibliodrama*, *journaling*, *labyrinth walks*, *praying with beads*, *meditation*, *healing oils*, and sharing together in the *breaking of bread*.

The cost to attend the retreat is \$125 for Friday and Saturday only or \$140 for all three days (meals and overnight accommodations included). **The deadline to register is August 31, 2019.**

You can register online below, or download and mail this printable brochure (see below) along with your payment to:

IKC UCC  
Attn: Rebecca Braganza  
1100 West 42nd Street, Suite 155  
Indianapolis, IN 46208)

\*[IKC Women's Retreat 2019 Brochure](#)  
[REGISTER ONLINE](#)

\*There are also a few copies of the detailed registration brochure in the church office. Pick one up to check out the retreat schedule of events and register!

### **Choir Rehearsals**

Hello FCUCC folk! Hope everyone is having a good summer. The choir will be starting back up soon. Rehearsals are on Thursday nights from 7:00 to 8:30 PM beginning Sept 5th. Our first

Sunday service is September 8th with the usual pre-service rehearsal time of 10:15 AM. We welcome new members. If anyone is interested in joining the choir, please email Julie at [juliehouston@comcast.net](mailto:juliehouston@comcast.net). We would love to have you join us!

### **Green Lunch on Sunday, September 8th**



On Sunday September 8th, the Green Team will host a lunch featuring foods with a low carbon footprint. The lunch will include salad, soup, an entree and dessert. During the meal, diners will get tips and advice about cooking and eating sustainably. We want a good count to we prepare the right amount, so please RSVP at your earliest convenience to Rich Gibson, [hoot.gibson.tds@gmail.com](mailto:hoot.gibson.tds@gmail.com).

Thank you!

### **Green Team Tip**

Last summer began with no rain, then too much came. This year was the reverse; a very wet spring well into June, then almost a drought. The weather is just going to get more extreme and variable, so be prepared for both! Rain barrels and drip irrigation, rain gardens or sand gardens-- think ahead, have a plan. (If you want to share a green habit, please send it to [hoot.gibson.tds@gmail.com](mailto:hoot.gibson.tds@gmail.com).)



### **Food Donations for the Northside Pantry**

Donations have been generous and are appreciated. Please keep them coming!

### **August Mission of the Month: CEPAD (The Council of Christian Churches in Nicaragua)**

CEPAD is an organization of Nicaraguan churches that was founded in 1972 by Dr. Gustavo Parajón in response to a major earthquake. Since then its roll has expanded. In addition to aiding during natural disasters, CEPAD now helps Nicaraguans escape from cycles of poverty and hunger. Access to basic services is often nonexistent, especially in rural areas. Women and the elderly are among the most disadvantaged. CEPAD provides training in sustainable agriculture, economic development for women, community organization and education. CEPAD runs a Christian radio station and attends to immigrants and refugees who are traveling through Nicaragua. Currently,

by training given to pastors, communities can heal from the emotional and physical trauma of this past year.

First Congregational Church members participate in the program for those who wish to send delegations and form partnerships to help local communities. Your donation will assist CEPAD in continuing these important programs.

### Pantry Items of the Month



During August we are collecting the following items: canned peaches and pears, canned beans, ramen noodles and white bathroom tissue.

### Pastoral Care

Pastor Sarah may be reached at (386) 478-9012 or at [pastorsarah@fcindy.org](mailto:pastorsarah@fcindy.org).

### THIS WEEK AT FIRST CONGREGATIONAL

Thursday, August 22	11:45 a.m.	Women's Lunch
Thursday, August 22	1:00 p.m.	Men's Lunch
Thursday, August 22	4:30 p.m.	Bread for the World Town Hall w/ Sen. Young (Noblesville UMC)
Saturday, August 24	10:30 a.m.	Bell Choir Rehearsal
Sunday, August 25	9:45 a.m.	Sunday Adult Class
Sunday, August 25	11:00 a.m.	Worship
Sunday, August 25	12:30 p.m.	Nicaragua Buzz & Pitch-In
Wednesday, August 28	6:30 p.m.	Calling Circle
Sunday, September 1	9:45 a.m.	Sunday Adult Class
Sunday, September 1	11:00 a.m.	Worship

