



## FIRST CONGREGATIONAL CHURCH

*No matter who you are, or  
where you are on life's journey,  
you are welcome here!*

[www.fcindy.org](http://www.fcindy.org)  
317.257.5397

7171 N. Pennsylvania St.  
Indianapolis, IN 46240

@FirstCongregationalUCCLndy

**UNITED CHURCH OF CHRIST**

**Welcome to your spiritual home! We celebrate being a Just Peace making, Green for care of Creation, WISE (Welcoming, Inclusive, Supportive and Engaged) for mental health church with an Open and Affirming covenant supporting the LGBTQAAI+ community since 1994.**

We welcome first time guests and include **all ages** in our worship service. We believe we are called by Jesus to be a transforming presence for God in the world. We are a place to **belong**, a place to **heal** and a place to **love**. **At First Congregational we recognize God as a loving, creating, all-encompassing Spirit who is not limited by usual human boundaries. Therefore, we practice the use of inclusive, expansive, and non-gendered language when speaking of and to God.**

**Pastoral Care:** Pastor Sarah may be reached at  
(386)478-9012 or [pastorsarah@fcindy.org](mailto:pastorsarah@fcindy.org).

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**We celebrate our church staff:**

Senior Pastor, Rev. Dr. Sarah Lund  
Pastoral Care Associate, Pastor Carol Sowle  
Office Administrator, Shannon Abbott  
Music Designer/Organist, Sean Baker  
Student Pastor, Cassidy Hall

**We celebrate our church leadership:**

Alice Rutherford, Moderator  
Larry Eckel, Vice Moderator  
Rev. Dr. Pat Larracey, Clerk  
Jim Lootens, Treasurer  
Cheryl Dillenback, Financial Secretary

**We celebrate our worship leaders today:**

Rev. Dr. Sarah Lund, worship leader  
Cassidy Hall, preacher  
Mayflower Quartette  
Jesse Wittman, string bass  
Mike Kessler, percussion  
Alice Rutherford, soloist

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**National Suicide Prevention Hotline:** 1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

**National Alliance on Mental Illness (NAMI)** Information Helpline provides information and referral services. 1-800-950-NAMI (6264) and [www.nami.org](http://www.nami.org).

**The Trevor Project hotline** offers support for LGBTQIA+ youth and families struggling with mental health challenges at 1-866-4-U-TREVOR (488-7386) and [www.theTrevorProject.org](http://www.theTrevorProject.org)

SEPTEMBER 13, 2020

11:00 A.M.

**WE GATHER**

PRELUDE	Draw the Circle Wide	Gordon Light
INTROIT	Be Still and Know	
WELCOME		Rev. Dr. Sarah Lund
OPENING INVOCATION		Rev. Dr. Sarah Lund
OPENING SONG #123	Draw the Circle Wide	Sing! Prayer & Praise
THE PEACE		Rev. Dr. Sarah Lund
<i>Share with those around you a sign of Christ's peace.</i>		

**WE PROCLAIM**

MUSIC FOR ALL AGES	You Are!	Unbehagen
SCRIPTURE	Matthew 5:33-37	Rev. Dr. Sarah Lund
SERMON	"Yes Means Yes"	Student Pastor Cassidy Hall
LITANY	"We Say Yes"	

**WE RESPOND**

JAZZ INTERLUDE

SHARING of JOYS and CONCERNS

*We invite those who desire to share a joy or concern.*

PASTORAL PRAYER & PRAYER OF OUR SAVIOR (from UCC Book of Worship)

Our God in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those

who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

PRAYER RESPONSE

Hear Our Prayer, O God

## **WE GO**

CLOSING HYMN #497

Guide My Feet

New Century Hymnal

BENEDICTION

Rev. Dr. Sarah Lund

BENEDICTION RESPONSE

Be Still and Know

POSTLUDE

Guide My Feet

arr. Baker

*Following worship, everyone is invited for Coffee Hour via Zoom.*

## **CALLS to SERVE**

*"Here am I; send me!" Isaiah 6:8*

**TODAY! Coffee Hour, immediately after worship** - (See Zoom link under "This Week...")

**TODAY! Book Buzz, 12:30 p.m.** - Grab your lunch and join us for our first Book Buzz! Through 6 meetings over 3 months, we will discuss themes from Austin Channing Brown's book, *I'm Still Here: Black Dignity in a World Made For Whiteness*. Pastor Sarah will lead our first meeting focusing on introductions and what we are hoping to accomplish with these conversations, as well as an introduction to Austin Channing Brown, so only the first chapter is recommended at this time - but no requirement to read before we meet today. Join us for a safe and open discussion! We hope these discussions can help our congregation both understand the current environment better and lead us towards future action.

**Soul Care with Pastor Sarah: Tuesdays, 5:00 – 6:00 p.m.** - Join us for our weekly "Soul-Care with Pastor Sarah" a time for church members to check-in and to pray together. Zoom link: <https://us02web.zoom.us/j/84830474505?pwd=Ny9oeE84a0lpcTUrWHU2dUhFVUZQT09>

**NEW! Wellness Wednesdays, 10:30 - 11:30 AM** – Wellness Wednesdays are an opportunity to check in with one another, and to learn new practices (breathing, meditation, physical movements) that can be used on a daily basis to help lower stress and reconnect as the whole person God created us to be. Based on your comfort level, you may have your camera on or off during this practice. All Wellness Wednesday practices are recorded and shared on the church website and Facebook page.

**Spiritual Support Group for Mental Health Conditions, Challenges, and Wellness - Every Thursday, 5 - 6pm (See Zoom link below)** Led by Pastor Rev. Dr. Sarah Lund and Rev. Dr. Pat Larracey - We openly invite anyone seeking spiritual care for their well-being. We covenant with care givers for those with mental illness, those needing renewal, are burned-out, fearful, emotional, stigmatized or having disorders — all is confidential. You do not have to be alone with your struggles or journey.

**Publications** - Bulletins, Sermons, Epistles, and Colony are all available on our website: [www.fcindy.org](http://www.fcindy.org)

**Continue Your Support of First Congregational UCC** - Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

**FC Emergency Fund** - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email [pastorsarah@fcindy.org](mailto:pastorsarah@fcindy.org) or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

**Family Promise – Help Provide Supplies for an Apartment for a Homeless Family!**

As part of our Just Peace Ministries, FC Indy is participating in a drive to help Family Promise furnish apartments for the homeless. Thanks to a great response, all of the items needed have been accounted for. FC Indy purchased some larger ticket items, and your financial gifts will cover these costs. You can mail a check to the church (specify FP Apt on memo line), or donate online. Questions? Contact Sandy Wood or Wendy Baldwin. Thank you for helping in this effort to house a homeless family!

## This Week at First Congregational

<b>Sunday, Sept 13</b>	<b>9:30 a.m.</b>	<b>Sunday Adult Class</b>
<b>Sunday, Sept 13</b>	<b>11:00 a.m.</b>	<b>Sunday Worship (YouTube, Facebook, &amp; Dial In)</b>
<b>Sunday, Sept 13</b>	<b>12:00 p.m.</b>	<b>Coffee Hour (immediately after worship)</b>
<b>Sunday, Sept 13</b>	<b>12:30 p.m.</b>	<b>Book Buzz</b>
<b>Tuesday, Sept 15</b>	<b>5:00 p.m.</b>	<b>Soul Care with Pastor Sarah</b>
<b>Wednesday, Sept 16</b>	<b>10:30 a.m.</b>	<b>Wellness Wednesday</b>
<b>Wednesday, Sept 16</b>	<b>6:30 p.m.</b>	<b>Calling Circle</b>
<b>Thursday, Sept 17</b>	<b>1:00 p.m.</b>	<b>Men's Lunch</b>
<b>Thursday, Sept 17</b>	<b>5:00 p.m.</b>	<b>Spiritual Support Group for Mental Health</b>
<b>Sunday, Sept 20</b>	<b>9:30 a.m.</b>	<b>Sunday Adult Class</b>
<b>Sunday, Sept 20</b>	<b>11:00 a.m.</b>	<b>Worship (YouTube, Facebook, &amp; Dial In)</b>
<b>Sunday, Sept 20</b>	<b>12:00 p.m.</b>	<b>Coffee Hour (immediately after worship)</b>
<b>Sunday, Sept 20</b>	<b>6:00 p.m.</b>	<b>Church Hum-a-long (outside at FC)</b>

**\*All events are on Zoom unless indicated otherwise.**

### **How to Access our Zoom Gatherings**

<https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Meeting ID: 926 449 4206

Password: 7171

If you click on the URL, you should not need to enter in the Meeting ID and Password.

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

## Today's Scripture

### Matthew 5:33-37

<sup>33</sup> "Again, you have heard that our ancestors were told, 'Don't break your vow; fulfill all oaths made to our God.' <sup>34</sup> But I tell you not to swear oaths at all. Don't swear by heaven, for it is God's throne; <sup>35</sup> Don't swear by the earth, for it is God's footstool. Don't swear by Jerusalem, for it is the city of the great Ruler. <sup>36</sup> And don't swear by your own head, for you can't make a single hair white or black. <sup>37</sup> Say 'Yes' when you mean 'Yes' and 'no' when you mean 'no.' Anything beyond that is from the Evil one.

*Priests for Equality. The Inclusive Bible: The First Egalitarian Translation (p. 643). Sheed & Ward. Kindle Edition.*

