

 [FirstCongregationalUCCIndy](#)

 [Forward](#)



FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

Epistle for the Week of July 2, 2020

Through the end of July, First Congregational UCC is closed to all in-person gatherings of more than 10 people at one time. However, gatherings of 10 or less may occur outside, and not in the building. (See additional details below.)

Dear First Congregational,

Congratulations to the Indiana-Kentucky Conference on a successful and meaningful virtual online Annual Gathering this past weekend. Thank you to our First Congregational leaders who participated as either a delegate, presenter or visitor. Two significant resolutions passed: Becoming a WISE for mental health Conference and new Anti-racism commitments. The educational workshops and worship inspired us to continue to work together to faithfully Be The Church in these challenging and changing times.

Our church participated in the creation of both the mental health and the anti-racism resolutions passed by the voting body. I am grateful for the positive impact of our congregation

in the wider church as we step up and step out in bold and faithful ways. We are stronger together.

During these difficult days, I give thanks for our connection to the wider church. Please join me in giving thanks for our IKC Conference Minister, the Rev. Chad Abbott. We will be blessed by his time with us this Sunday as he preaches and leads communion for our online worship video. You are invited to join Rev. Abbott for zoom coffee hour following worship and enjoy a time of conversation.

Thanks to each of you for your ongoing generous support of our mission and ministry as we seek to be a community where we experience belonging, healing, and loving.

Peace,
Pastor Sarah

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

Worship

Sunday Adult Education, 9:30 a.m.

Class will meet via

Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmfWbWE5UXRBTk5pcHZlYlB0aEFVUj0>

July 5: Focus on Matthew 11:16-19, 25-30; "*When and how do you take rest in God?*" (from the Lectionary resource made available by the Evangelical Lutheran Church of America (ELCA). Click [HERE](#) for a printable study resource.

Some reflection questions are:

1. *No matter what the situation, the people criticize and reject. What do people want?*
2. *How can people praise God when they are discouraged?*
3. *Is it fair to hold people accountable when God has not been fully revealed?*
4. *What kind of burdens is Jesus able to carry for us?*
5. *How might dealing with people make a person weary?*

- b. *What does it mean for you to give your burdens to Jesus?*

Sunday Worship, 11:00 a.m.

Guest preacher, Rev. Chad Abbott, will preach on "A Weary Generation, A Restful Soul"

Scripture: Matthew 11:16-19, 25-30

3 Ways to Connect for Worship

YOUTUBE

<https://www.youtube.com/channel/UCWV9wqAvPiUKSkEbjav6Zpw>

- YouTube Live Premiere will broadcast at 11am Sunday morning. There will be a countdown before. We highly recommend using the mobile app for more convenience as it will refresh.
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DIAL-IN

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A Note from Your Music Designer:

Reflecting on our recent and radical ways of worshiping online together, I was thinking about our church's history from about eighty years ago. At that time we did not have a choir, only a quartette (spelled this way in the bulletins from then). In this present day time, it seems we are again without a choir. Thankfully the quartette is back in action to keep things going. I formed the Mayflower Quartette (retaining the old spelling) about five or six years ago as simply a nod to our own history as well as a form of musical expression to utilize during the choir's summer break. As history is repeating itself with the dependence on the quartette now; musically,

history is repeating itself this Sunday. I have chosen to tip my hat to the music of the 1940's. Big Band music and orchestral music was the norm for "secular" music of the day.

As many of you may know, for many years I have had my music represented by a law firm in Los Angeles which places my music in various television shows and films. This week, I'd like to share some of my music with you as I continue to scramble each week for new and creative offerings. Our musicians are on vacation this week, but rest assured I'm putting them to work to create fresh material for upcoming weeks. I'm also preparing several more traditional organ pieces. So this week, in the spirit of a green congregation, I am "recycling" some oldies.

It might interest you to know that the interlude track (recorded in 2015 in my home studio) actually features Jesse Wittman on bass and Julie Houston on alto flute. The prelude and postlude feature members of the Chicago Symphony Orchestra from recordings made in 2014. The music for the passing of the peace is part of a recording from an album I recorded in 2007. I of course arranged, orchestrated, and played piano on all of these recordings.

We may still lament the absence of our choir and only have the historic quartette for now, but this Sunday I offer you an entire orchestra!
Praise God through music! — Sean Baker

Coffee Hour, 11:45 a.m. (or immediately after worship)

Zoom

link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

What's Happening at FC

Mental Health Helpline

Anyone feeling anxiety from the pandemic should be encouraged to call the **Substance Abuse and Mental Health Services Administration's Disaster Distress Helpline at 800-985-5990**, or text **"TalkWithUs" to 66746**. Users will be connected with trained crisis counselors.

Letter From the Moderator

Last weekend I had the joy of participating in the best Indiana-Kentucky Conference Annual Gathering that I've ever attended – the first done virtually. The focus on racial justice was a highlight, and there were excellent speakers and workshops on the subject. In addition to passing a resolution to become a W.I.S.E. for Mental Health conference, a resolution to take action as a conference to defeat systemic racism was also passed by the vast majority of

attending delegates. It's my hope that First Congregational will step up to do its part to support this resolution. A group (Carol Sowle, Karen Walker, Pastor Sarah, Cassidy Hall, and me) has been formed to discern some possible avenues for that support, and in coming weeks we'll be offering opportunities to delve into this vitally important issue in these times. Please pray for this group's discernment, for our church's enlightenment, and for our siblings of color who so desperately need our participation in their struggle for full equality.

– Alice Rutherford, Moderator

TODAY! Spiritual Support Group, Thursdays from 5:00 - 6:00 PM

Our weekly SPIRITUAL SUPPORT GROUP FOR MENTAL HEALTH & WELLNESS gathers on the church's ZOOM from 5:00 to 6:00 pm EVERY Thursday. Pastor Sarah and Pat Larracey will be leading this wonderful WISE program and is OPEN to all with mental illness and those living with mentally ill loved ones. We look forward to greeting each of you with love.

Zoom

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Social Support Gatherings through Zoom

- **Spiritual Support Group for Mental Health: Thursdays at 5:00 pm**
- **Coffee Hour: Sundays at 11:45 a.m. (or immediately after worship)**

Zoom

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All Zoom gatherings are now monitored to 'admit' attendees, to help prevent "Zomb-bombing".

THIS SATURDAY! Food Drive for the Northside Pantry, Saturday, 7/4, from 10 am – 2 pm

Let's help fight poverty and hunger through our food donations. We will meet on the outside church patio. Bring dry and canned goods, as well as personal care items (soap, deodorant, etc). You can also bring your plastic bottle caps and paper for recycling. In future communications, we will let you know of particularly desired items. Per new church policy on in-person gatherings, only 10 people may participate (physically distanced) at a time, so please contact Wendy Baldwin if you are interested in helping.

From the Comeback Team

How wonderful that we are beginning to have opportunities to be with one another, with small in-person events outdoors! The Church Council approved this recommendation in their June meeting, with the conditions that various protocols are followed.

To make it easier to remember, the protocols are based on the thought “Bring your own germs, keep them to yourself, and take them home with you”. Hence the recommendations to bring your own chairs, bring your own beverage and/or food, wear face masks, limit going inside the building, and definitely maintain 6 ft distances. To be on the safe side, we also want to keep track of who attended each event.

During this pandemic, each one of us has personal thoughts about what is, and isn't, safe. However, when the event is a “church event”, we need to be in covenant with one another and use the church's safety protocols. As we continue to explore ways to be the church and have fellowship, your cooperation is needed for us to be able to move forward, and most importantly, be safe, while we are “being church”.

Protocols for outdoor gatherings:

1. Must be scheduled with Pastor Sarah, Shannon Abbott (Admin), and Wendy Baldwin (Bldg Mgr); groups may use any area of the church grounds (such as the patio, parking lot, Memorial Garden) where surface contact is minimized (not the playground for now)
2. Before the gathering, the group leader will receive the protocols to be observed, and make sure attendees are aware of these; the group leader is responsible that the protocols are followed
3. After the gathering, the group leader must send info about who attended to Pastor Sarah and Wendy Baldwin, for contact tracking purposes
4. Limit of 10 people at a time
5. A distance of 6 feet shall be observed between people of different households; no physical contact shall occur
6. Face masks are encouraged
7. People who do not feel well should not attend
8. People should bring their own beverage/water bottle (do not use the church drinking fountains, water, ice, etc)
9. People should bring their own chair
10. Church restrooms should only be used for emergencies, and one will be required to sanitize after its use
11. If entering the building, people are required to sanitize their hands, and disinfect any surfaces where there is contact of more than 3 minutes; use of face masks are highly

encouraged.

Evening Vesper Service, Tues, 7/14, 7-7:30 pm, Memorial Garden

Join us for an outdoor evening vesper service. Our current plans are to have these every 2 weeks. Our outdoor protocols will apply, so bring your own chair and beverage, and keep 6 feet distant from others. Face masks are highly encouraged. It's a time to be in community, while being safe and loving with one another.

John Lewis: Good Trouble - Virtual Cinema and Panel Discussion

Using interviews and rare archival footage, JOHN LEWIS: GOOD TROUBLE chronicles Lewis' 60-plus years of social activism and legislative action on civil rights, voting rights, gun control, health-care reform and immigration.

Immediately following the feature, there will be a 16-minute pre-recorded discussion between Representative Lewis and Oprah Winfrey, filmed last month and being made available exclusively for virtual cinema and in-theater engagements of the film.

Additionally, on **July 9**, join us for a panel discussion presented by the Freedom Rides Museum of Montgomery, Alabama, featuring Freedom Riders Dr. Bernard Lafayette and Dr. Rip Patton in conversation with director Dawn Porter. In partnership with the Capri Theatre. **7:30pm EST / 4:30pm PST.**

<https://watch.eventive.org/johnlewis/play/5efa372ef8ae35005c81e98b>



Continue Your Support of First Congregational UCC

Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

July Mission of the Month: Underneath It All

This mission provides underwear and school uniforms for children in IHN/Family Promise Aftercare. The Aftercare Program of Family Promise helps homeless families who get housing remain housed. Our donations to Underneath It All help ease their school budgets each fall by providing a uniform for each school aged child in the Aftercare Program. Make checks out to First Congregational United Church of Christ with Underneath It All in the memo line or donate

online at <http://tcindy.org/online-giving/> (Please designate "MOM: Underneath It All" in your online giving). Thanks so much for your generosity with this ministry in the past and in this unprecedented year. For questions or help with this ministry, please contact me csjlwood@att.net 317-863-8238 (home) or 317-225-6206 (cell).

Support Your Local IN-KY Conference Through Our Church's Wider Mission (OCWM)

The staff of the IKC continue to work tirelessly to support local churches as we all discern best practices and how to get through this time together. Please remember to support the work they do and the many ministries they support through your **OCWM**

Giving at: <https://ikcucc.org/connect/donate/>

Eviction Ministry Donations

The Eviction Ministry is a new ministry of the SouthEast Association of the Indiana-Kentucky Conference of the UCC. The purpose of this ministry is to offer assistance to those who do not qualify for other state or local assistance programs and without such assistance would be evicted from their homes. Please consider making a donation. **Checks can be made out to: Southeast Association of the IKC UCC.** Please include in the **memo line: "Eviction Ministry."**

Donations can be mailed to the treasurer at:
SE Association Eviction Ministry
Attn: Margie Potter
726 Coach Rd.
Indianapolis, IN 46227

Thank you for your generosity!
- Shannon Abbott, Eviction Ministry Team

Indiana Undocumented Youth Alliance

Undocumented people are facing challenges during this pandemic. There are groups trying to help them, specifically young people who have D.A.C.A. Four organizations are cooperating in this effort, but it is being administered by IYUA, the Indiana Undocumented Youth Alliance. Email or call if you want to donate or volunteer. The email is undocuhoosierfund@gmail.com and the phone number is 317-205-6424.

Feeding Families

Gleaner's and Second Helpings are two of the food banks currently offering food to children who usually get their meals from school.

Donate to **Gleaner's** by clicking on the link [here](#).

Donate to **Second Helpings** by clicking on the link [here](#).

Staying Connected

FC Facebook page (click [here](#))

“First Congregational Indy Fellowship” group on Facebook (click [here](#)).

Pastoral Care

We are all still here for you and will stay connected. While Pastor Sarah is on vacation from July 3 – 13, Pastor Carol may be reached at (317) 496-9732 or casowle@gmail.com.

Office Administrator Vacation

Our Office Administrator, Shannon Abbott, will be on vacation from July 6 - 13.

Additional Church Support Contacts

Pastor Carol (casowle@gmail.com)

Office Administrator, Shannon (shannon@fcindy.org)

Moderator, Alice Rutherford (alice@caloosaspirit.net)

Vice Moderator, Larry Eckel (lspeckel@comcast.net)

THIS WEEK AT FIRST CONGREGATIONAL

THREE Ways to Worship on Sunday morning at 11AM:

YOUTUBE

<https://www.youtube.com/channel/UCWV9wqAvPiUKSkEbjAV6Zpw>

- YouTube Live Premiere will broadcast at 11am Sunday morning. There will be a countdown before. We highly recommend using the mobile app for more convenience as it will refresh.
- Use this option for live interacting and messaging. You must have or create a user account and be logged in to message live.
- If using a laptop, you will need to refresh your browser after 11am to click to watch live.

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YouTube option.

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Weekly Calendar

Thursday, July 2	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 3	1:00 p.m.	Worship & Design Team
Saturday, July 4	10:00 a.m.	Food Drive (outside)
Sunday, July 5	9:30 a.m.	Sunday Adult Class
Sunday, July 5	11:00 a.m.	Worship w/ guest preacher, Rev. Chad Abbott
Sunday, July 5	11:45 a.m.	Coffee Hour (or immediately after worship)
Tuesday, July 7	1:00 p.m.	Worship & Design Team
Wednesday, July 8	7:00 p.m.	Trustees
Thursday, July 9	1:00 p.m.	Men's Lunch
Thursday, July 9	5:00 p.m.	Spiritual Support Group for Mental Health
Sunday, July 12	9:30 a.m.	Sunday Adult Class
Sunday, July 12	11:00 a.m.	Worship w/ Pastor Carol preaching (YouTube, FB, & Dial In)
Sunday, July 12	11:45 a.m.	Coffee Hour

***All events are on Zoom unless indicated otherwise.**

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FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

Epistle for the Week of July 9, 2020

Through the end of July, the building of First Congregational UCC is closed. However, gatherings of 10 or less may occur outside (not in the building). Masks are required per City of Indianapolis mandate. (See additional details below.)

Dear First Congregational,

Recently in conversation with one of our members I heard our church described as being a justice loving congregation. I love this description! This is one of the reasons I feel called to serve in ministry with you all. This congregation is not afraid or intimidated by the long, hard road of doing the work of justice. To change oppressive structures and systems takes time, sometimes generations! We see this now with our renewed efforts for racial justice. "How long, O God?" is the cry of the prophets.

I am thankful for leaders of First Congregational who are committed to this journey for justice. This is an important year for us. We are being shaped by the world around us. As followers of

Jesus we are invited to respond to the suffering of the world with hearts of love and compassion. While the world is changing us, let us also change the world. Together, we can build a more just world for all.

May God continue to guide us and to sustain us on the journey.

Blessings,
Pastor Sarah

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

Worship

Sunday Adult Education, 9:30 a.m.

Class will meet via

Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT0>

Sunday Worship, 11:00 a.m.

Pastor Carol will preach on "The Extravagant Sower."

Scripture: Matthew 13: 1-9, 18-23

3 Ways to Connect for Worship

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Music in Worship

Some time back it became apparent to us that hiring a new Choir Director upon Julie Houston's June retirement needed to be put on indefinite hold. At this time we still have no clear vision for a return to worship in our sanctuary, and even if that were to happen in the next few months our choir would not be part of that worship experience, per guidance from health experts. However, in the past few months Julie has been filling a necessary role in our recordings of hymns and other vocal music for our prerecorded worship services, so we definitely saw a need to recruit someone to fill that role going forward. For the past couple of years or so Meagan Johnson was renting space at FC for music/mind/body enhancement, but that arrangement came to an end with the coronavirus shut-down. Meagan has a long history as a professional musician, and she will now be singing with us to continue our creations of recorded vocal music. We fully welcome her participation. The music you hear this Sunday will include Meagan's soprano voice, so enjoy the sounds of FC's "reconstructed" New Creation Ensemble! When the time comes we'll definitely keep everyone apprised of our Choir Director recruitment, but for right now we're happy to have Meagan's voice leading us as we sing at home. - Alice Rutherford, Moderator

Coffee Hour, 11:45 a.m. (or immediately after worship)

Zoom

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NEW! Evening Vesper Service, Tues, 7/14, 7-7:30 pm, Memorial Garden

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TODAY! Men's Lunch, 1:00 PM

This lunch and discussion gathering for men of First Congregational is meeting via Zoom. They meet every other Thursday at 1 p.m. This month, they are meeting July 9th & 23rd. Please contact Randy Walker at (317) 796-2081 or aa28977walker@gmail.com for information.

TODAY! Spiritual Support Group, Thursdays from 5:00 - 6:00 PM

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PCRC Meeting Next Sunday, July 19th, 1PM

The pastoral office and other positions of staff leadership exist to build up the congregation as part of the Body of Christ and to equip the saints for the mission of the church. The particular relationship between a pastor and congregants should be tended deliberately, so that the ministries of both pastor and congregation complement each other and further God's grace in the world. As with any relationship, it must be respected and nurtured to grow in healthy and projective ways. For this reason, a Pastoral Congregation Relations Committee (PCRC) exists in a congregation to advise, assist, and promote the growth of this vital relationship. PCRCs meet quarterly and are available throughout the year for support and conversation.

Currently, Pastor Carol's focus is on the following areas: pulpit supply, pastoral care visits, Adult Education, and Worship Leader coordination. Pastor Carol's PCRC will meet via Zoom on Sunday, July 19 at 1 PM in a closed session. If FC members want to contact us (susanna-judith rae, Bob Cook, Clark Collins, and Gloria Boedeker) before the meeting, please do so.

From the Comeback Team

How wonderful that we are beginning to have opportunities to be with one another, with small in-person events outdoors! The Church Council approved this recommendation in their June meeting, with the conditions that various protocols are followed.

To make it easier to remember, the protocols are based on the thought "[Bring your own germs, keep them to yourself, and take them home with you](#)". Hence the recommendations to bring your own chairs, bring your own beverage and/or food, wear face masks, limit going inside the building, and definitely maintain 6 ft distances. To be on the safe side, we also want to keep track of who attended each event.

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Thank you for your generosity!

- Shannon Abbott, Eviction Ministry Team

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Feeding Families

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Donate to **Gleaner's** by clicking on the link [here](#).

Donate to **Second Helpings** by clicking on the link [here](#).

Staying Connected

FC Facebook page (click [here](#))

"First Congregational Indy Fellowship" group on Facebook (click [here](#)).

Pastoral Care

We are all still here for you and will stay connected. While Pastor Sarah is on vacation from July 3 – 13, Pastor Carol may be reached at (317) 496-9732 or casowle@gmail.com.

Beginning on July 14th, Pastor Sarah may be reached at (386)478-9012 or pastorsarah@fcindy.org.

Office Administrator Vacation

Our Office Administrator, Shannon Abbott, is on vacation through July 13.

Additional Church Support Contacts

Pastor Carol (casowle@gmail.com)

Office Administrator, Shannon (shannon@fcindy.org)

Moderator, Alice Rutherford (alice@caloosaspirt.net)

Vice Moderator, Larry Eckel (lspeckel@comcast.net)

THIS WEEK AT FIRST CONGREGATIONAL

THREE Ways to Worship on Sunday morning at 11AM:

YOUTUBE

<https://www.youtube.com/channel/UCWV9wqAvPiUKSkEbjaV6Zpw>

- YouTube Live Premiere will broadcast at 11am Sunday morning. There will be a countdown before. We highly recommend using the mobile app for more

convenience as it will refresh. Use this option for live interacting and messaging. You must have or create a user account and be logged in to message live.

- If using a laptop, you will need to refresh your browser after 11am to click to watch live.

FACE BOOK

https://www.facebook.com/pg/FirstCongregationalUCCIndy/posts/?ref=page_internal

- The video will be posted at 11am.
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DIAL-IN

- Dial **317-204-3862**
- Landline is preferred for clarity.
- If calling with a smart phone, setting your cellular setting to Wi-Fi calling will be clearer.

Weekly Calendar

Thursday, July 9	1:00 p.m.	Men's Lunch
Thursday, July 9	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 10	1:00 p.m.	Worship & Design Team
Sunday, July 12	9:30 a.m.	Sunday Adult Class
Sunday, July 12	11:00 a.m.	Worship w/ Pastor Carol preaching
Sunday, July 12	11:45 a.m.	Coffee Hour (or immediately after worship)
Tuesday, July 14	1:00 p.m.	Worship Design Team
Tuesday, July 14	5:00 p.m.	Soul Care with Pastor Sarah (see announcement <u>above</u> for zoom link)
Tuesday, July 14	7:00 p.m.	Vespers Worship (outside)
Thursday, July 16	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 17	1:00 p.m.	Worship Design Team
Saturday, July 18	10:00 a.m.	Food Drive (outside)
Sunday, July 19	9:30 a.m.	Sunday Adult Class
Sunday, July 19	11:00 a.m.	Worship (YouTube, FB, & Dial In)
Sunday, July 19	11:45 a.m.	Coffee Hour (or immediately after worship)
Sunday, July 19	1:00 p.m.	PCRC (Pastor Carol)

***All events are on Zoom unless indicated otherwise.**

 [FirstCongregationalUCCIndy](#)

 [Forward](#)



FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

Epistle for the Week of July 16, 2020

Through the end of July, the building of First Congregational UCC is closed. Masks are required for gatherings of 10 or less occurring outside. (See additional details below.)

Dear First Congregational,

How do we find peace in the midst of a global pandemic and racial unrest? I am thankful for the gift of rest and renewal that is part of my call agreement with First Congregational. This past two Sundays, I enjoyed personal time with family filled with play, rest and peace in the North Woods of Wisconsin. I spent time with loons, eagles, pine trees, dragon flies, butterflies, fish, and wild flowers. This time surrounded by the beauty of the Earth brings me deep peace and spiritual renewal.

Thank you to the Rev. Chad Abbott for preaching on July 5 and to Pastor Carol for preaching on July 12. We are blessed by the generous sharing of gifts by those who serve with us in ministry. As we move through the summer months, I pray that you are able to carve out some

time for play, rest and peace. What would it look like for you to take time for yourself? This, too, is holy work. We are called to love our neighbors and love ourselves. May you find the space and time to love yourself and renew your spirit.

Blessings,
Pastor Sarah

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

Soul Care with Pastor Sarah - Join us on **Tuesdays from 5:00-6:00 p.m.** for a time to check-in, reflect on Richard Rohr's weekly meditations, and to pray together.

Here is the Zoom link:

<https://us02web.zoom.us/j/494018938?pwd=a3BrdnNyWXEza0tFMUgwek1CVFpYQT09>

Worship

Sunday Adult Education, 9:30 a.m.

Class will meet via

Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTK5pcHZlYlB0aEFVUT0>

July 19 and 26: For the next two Sundays we will read together this article from The Christian Century, December 27, 2018 titled "Ten Myths White People Believe About Racism" by Caroline B. Helsel. The article can be found at the link below, or by googling the title:

<https://www.christiancentury.org/article/critical-essay/ten-myths-white-people-believe-about-racism>

Caroline B. Helsel wrote the book [Anxious to Talk About It: Helping White Christians Talk Faithfully About Racism](#), which we used in Adult Ed last May-Sept.

Our goal will be to read and reflect on myths 1-5 on July 19, and myths 6-10 on July 26. This will be a safe place to share our thoughts, concerns and stories. We will also think about what we can do work for racial justice.

Sunday Worship, 11:00 a.m.

Pastor Sarah will preach on "Coexist in Christ"

Scripture: Matthew 13:24-30, 36-43

3 Ways to Connect for Worship

YOUTUBE

<https://www.youtube.com/channel/UCWV9wqAvPiUKSkEbjav6Zpw>

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Coffee Hour, 11:45 a.m. (or immediately after worship)

Zoom

link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

PCRC Meeting THIS Sunday, July 19th, 1PM

The pastoral office and other positions of staff leadership exist to build up the congregation as part of the Body of Christ and to equip the saints for the mission of the church. The particular relationship between a pastor and congregants should be tended deliberately, so that the ministries of both pastor and congregation complement each other and further God's grace in the world. As with any relationship, it must be respected and nurtured to grow in healthy and projective ways. For this reason, a Pastoral Congregation Relations Committee (PCRC) exists in a congregation to advise, assist, and promote the growth of this vital relationship. PCRCs

meet quarterly and are available throughout the year for support and conversation. Currently, Pastor Carol's focus is on the following areas: pulpit supply, pastoral care visits, Adult Education, and Worship Leader coordination. Pastor Carol's PCRC will meet via Zoom on Sunday, July 19 at 1 PM in a closed session. If FC members want to contact us (susanna-judith rae, Bob Cook, Clark Collins, and Gloria Boedeker) before the meeting, please do so.

Zoom

Link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Meeting ID: 926 449 4206

Password: 7171

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To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

What's Happening at FC

Mental Health Helpline

Anyone feeling anxiety from the pandemic should be encouraged to call the **Substance Abuse and Mental Health Services Administration's Disaster Distress Helpline at 800-985-5990**, or **text "TalkWithUs" to 66746**. Users will be connected with trained crisis counselors.

TODAY! Spiritual Support Group, Thursdays from 5:00 - 6:00 PM

Our weekly SPIRITUAL SUPPORT GROUP FOR MENTAL HEALTH & WELLNESS gathers on the church's ZOOM from 5:00 to 6:00 pm EVERY Thursday. Pastor Sarah and Pat Larracey will be leading this wonderful WISE program and is OPEN to all with mental illness and those living with mentally ill loved ones. We look forward to greeting each of you with love.

Zoom

Link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Book Circle - Tuesday 7/21 at 1:30PM via Zoom

We will continue discussing "Searching for Sunday" by Rachel Held Evans - section 5 - Confirmation and section 6 - Anointing of the Sick. Linda Lupton is leading the devotion. Contact Karen Walker with any questions!

Zoom

Link: <https://us02web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Social Support Gatherings through Zoom

- **Spiritual Support Group for Mental Health: Thursdays at 5:00 pm**
- **Coffee Hour: Sundays at 11:45 a.m. (or immediately after worship)**
- **PCRC: Sunday, 7/19 at 1:00 p.m.**
- **Book Circle: Tuesday, 7/21 at 1:30 p.m.**

Zoom

Link: <https://us04web.zoom.us/j/9264494206?pwd=dmTWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Meeting ID: 926 449 4206

Password: 7171

If you click on the URL, you should not need to enter in the Meeting ID and Password.

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

All Zoom gatherings are now monitored to 'admit' attendees, to help prevent "Zomb-bombing".

THIS SATURDAY! Food Drive for the Northside Pantry, Saturday, 7/18, from 10 am – 12 pm

Let's help fight poverty and hunger through our food donations. We will meet on the outside church patio. Bring dry and canned goods, as well as personal care items (soap, deodorant, etc). You can also bring your plastic bottle caps and paper for recycling. In future communications, we will let you know of particularly desired items. Per new church policy on in-person gatherings, only 10 people may participate (physically distanced) at a time and masks are REQUIRED. Please contact Wendy Baldwin if you are interested in helping.

Updates From the Comeback Team

We have been enjoying the small outdoor in-person events at church – so great to visit and see people! There are various protocols to follow, and to make it easier to remember, we are using the mantra of "Bring your own germs, keep them to yourself, and take them home with you". Hence the recommendations to bring your own chairs, bring your own beverage and/or food, wear face masks, limit going inside the building, and definitely maintain 6 ft distances. To be on the safe side, we also want to keep track of who attended each event.

During this pandemic, each one of us has personal thoughts about what is, and isn't, safe. However, when the event is a "church event", we need to be in covenant with one another - We are now REQUIRING face masks to be worn at church events. If you are not wearing one, and someone asks you to put one on, please hear this request with love. But better yet, please don't let others feel uncomfortable by not wearing a mask in their presence.

Protocols for outdoor gatherings:

1. Must be scheduled with Pastor Sarah, Shannon Abbott (Admin), and Wendy Baldwin (Bldg Mgr); groups may use any area of the church grounds (such as the patio, parking lot, Memorial Garden) where surface contact is minimized (not the playground for now)
2. Before the gathering, the group leader will receive the protocols to be observed, and make sure attendees are aware of these; the group leader is responsible that the protocols are followed
3. After the gathering, the group leader must send info about who attended to Pastor Sarah and Wendy Baldwin, for contact tracking purposes
4. Limit of 10 people at a time
5. A distance of 6 feet shall be observed between people of different households; no physical contact shall occur
6. Face masks are required
7. People who do not feel well should not attend
8. People should bring their own beverage/water bottle (do not use the church drinking fountains, water, ice, etc)
9. People should bring their own chair
10. Church restrooms should only be used for emergencies, and one will be required to sanitize after its use

NEXT THURSDAY:

- **Women's Lunch - 7//23, 11:30AM** - All women of the church are invited to get together once a month via Zoom for lunch, friendship and fellowship. This month, they meet on July 23rd. For questions or more information please contact Sue Chapman at (317) 259-1806 or carolsuech59@gmail.com.
- **Men's Lunch - 7/23, 1:00PM** - This lunch and discussion gathering for men of First Congregational is meeting via Zoom. They meet every other Thursday at 1 p.m. This month, they are meeting July 9th & 23rd. Please contact Randy Walker at (317) 796-2081 or aa28977rwalker@gmail.com for information.



Continue Your Support of First Congregational UCC

Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

July Mission of the Month: Underneath It All

This mission provides underwear and school uniforms for children in IHN/Family Promise Aftercare. The Aftercare Program of Family Promise helps homeless families who get housing remain housed. Our donations to Underneath It All help ease their school budgets each fall by providing a uniform for each school aged child in the Aftercare Program. Make checks out to First Congregational United Church of Christ with Underneath It All in the memo line or donate online at <http://fcindy.org/online-giving/> (Please designate "MOM: Underneath It All" in your online giving). Thanks so much for your generosity with this ministry in the past and in this unprecedented year. For questions or help with this ministry, please contact me csjlwood@att.net 317-863-8238 (home) or 317-225-6206 (cell).

Support Your Local IN-KY Conference Through Our Church's Wider Mission (OCWM)

The staff of the IKC continue to work tirelessly to support local churches as we all discern best practices and how to get through this time together. Please remember to support the work they do and the many ministries they support through your **OCWM**

Giving at: <https://ikcucc.org/connect/donate/>

Eviction Ministry Donations

The Eviction Ministry is a new ministry of the SouthEast Association of the Indiana-Kentucky Conference of the UCC. The purpose of this ministry is to offer assistance to those who do not qualify for other state or local assistance programs and without such assistance would be evicted from their homes. Please consider making a donation. **Checks can be made out to: Southeast Association of the IKC UCC.** Please include in the **memo line: "Eviction Ministry."**

Donations can be mailed to the treasurer at:

SE Association Eviction Ministry

Attn: Margie Potter

726 Coach Rd.

Indianapolis, IN 46227

Thank you for your generosity!

- Shannon Abbott, Eviction Ministry Team

Indiana Undocumented Youth Alliance

Undocumented people are facing challenges during this pandemic. There are groups trying to help them, specifically young people who have D.A.C.A. Four organizations are cooperating in this effort, but it is being administered by IYUA, the Indiana Undocumented Youth Alliance. Email or call if you want to donate or volunteer. The email is undocuhoosierfund@gmail.com and the phone number is 317-205-6424.

Feeding Families

Gleaner's and Second Helpings are two of the food banks currently offering food to children who usually get their meals from school.

Donate to **Gleaner's** by clicking on the link [here](#).

Donate to **Second Helpings** by clicking on the link [here](#).

Staying Connected

FC Facebook page (click [here](#))

"First Congregational Indy Fellowship" group on Facebook (click [here](#)).

Pastoral Care

We are all still here for you and will stay connected. Pastor Sarah may be reached at (386)478-9012 or pastorsarah@fcindy.org.

Additional Church Support Contacts

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Office Administrator, Shannon (shannon@fcindy.org)

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THIS WEEK AT FIRST CONGREGATIONAL

THREE Ways to Worship on Sunday morning at 11AM:

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DIAL-IN

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- Landline is preferred for clarity.
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Weekly Calendar

Thursday, July 16	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 17	1:00 p.m.	Worship & Design Team
Saturday, July 18	10:00 a.m.	Outdoor Food Drive (at FC)
Sunday, July 19	9:30 a.m.	Sunday Adult Class
Sunday, July 19	11:00 a.m.	Worship (YouTube, FB, & Dial In)
Sunday, July 19	11:45 a.m.	Coffee Hour (or immediately after worship)
Sunday, July 19	1:00 p.m.	PCRC (Pastor Carol)
Tuesday, July 21	1:00 p.m.	Worship Design Team
Tuesday, July 21	1:30 p.m.	Book Circle
Tuesday, July 21	5:00 p.m.	Soul Care with Pastor Sarah (see announcement <u>above</u> for zoom link)
Wednesday, July 22	7:00 p.m.	Church Council
Thursday, July 23	11:30 a.m.	Women's Lunch Bunch
Thursday, July 23	1:00 p.m.	Men's Lunch
Thursday, July 23	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 24	1:00 p.m.	Worship Design Team
Sunday, July 26	9:30 a.m.	Sunday Adult Class
Sunday, July 26	11:00 a.m.	Worship (YouTube, FB, & Dial In)
Sunday, July 26	11:45 a.m.	Coffee Hour (or immediately after worship)

*All events are on Zoom unless indicated otherwise.

 [FirstCongregationalUCCIndy](#)

 [Forward](#)



FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

Epistle for the Week of July 23, 2020

Through the end of August, the building of First Congregational UCC is closed. Masks are required for limited gatherings occurring outside. (See additional details below.)

Dear First Congregational,

I wonder what the children growing up today will think decades into the future as they look back on 2020. What will be remembered about these days? Will they remember our kindness, generosity, and compassion? Will they remember fear, dread, and chaos? What we do know is that 2020 is changing and shaping all of us, no matter our age.

How has 2020 changed and shaped you? We may not know for a long time how 2020 has impacted us. And this not knowing is hard. It has not, is not, and will not be easy.

And yet, as followers of Jesus in 2020, we continue to seek out the ways of peace, justice, and

love. Maybe that's what children will remember, too. I hope that future generations will look back on 2020 and say of us, "They followed the way of Jesus. They loved like Jesus."

Peace,
Pastor Sarah

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

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Here is the Zoom link:

<https://us02web.zoom.us/j/494018938?pwd=a3BrdnNyWXEza0tFMUgwek1CVFpYQT09>

Worship

Sunday Adult Education, 9:30 a.m.

Class will meet via

Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT0>

July 26: We will read and reflect together on myths 6-10 from this article from The Christian Century, December 27, 2018 titled "Ten Myths White People Believe About Racism" by Caroline B. Helsel. The article can be found at the link below, or by googling the title: <https://www.christiancentury.org/article/critical-essay/ten-myths-white-people-believe-about-racism>

Caroline B. Helsel wrote the book [Anxious to Talk About It: Helping White Christians Talk Faithfully About Racism](#), which we used in Adult Ed last May-Sept.

This will be a safe place to share our thoughts, concerns and stories. We will also think about what we can do work for racial justice.

Sunday Worship, 11:00 a.m.

Pastor Sarah will preach on "The Mind of God."

Scripture: Romans 8:26-39

3 Ways to Connect for Worship

YOUTUBE

<https://www.youtube.com/channel/UCWV9wqAvPiUKSkEbjav6Zpw>

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Coffee Hour, 11:45 a.m. (or immediately after worship)

Zoom

link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

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To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

TODAY! Men's Lunch - 7/23, 1:00PM - They meet every other Thursday at 1 p.m. Location is always To Be Determined. If you are interested in joining this lunch group, please contact Randy Walker at (317) 796-2081 or aa28977rwalker@gmail.com for information.

TODAY! Spiritual Support Group, Thursdays from 5:00 - 6:00 PM

Our weekly SPIRITUAL SUPPORT GROUP FOR MENTAL HEALTH & WELLNESS gathers on the church's ZOOM from 5:00 to 6:00 pm EVERY Thursday. Pastor Sarah and Pat Larracey will be leading this wonderful WISE program and is OPEN to all with mental illness and those living with mentally ill loved ones. We look forward to greeting each of you with love.

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UCC Online National Youth Event (THIS WEEKEND)!

It's not too late to register for the National Youth Event! This year NYE is offering service projects, workshops, and worship all online...and it's free! Our own Pastor Sarah Lund is leading a workshop on "Mental Health/Illness and Our Christian Faith."

Click this link for more information on NYE and to register: <http://www.uccpages.org/nye2020/>

Updates From the Comeback Team

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9. People should bring their own chair
10. Church restrooms should only be used for emergencies, and one will be required to sanitize after its use

SE Association Meeting - Sunday, August 2, 3PM

We will be voting to welcome a new church into the SE Association and voting on a resolution to require anti-racism training for authorized ministers.

Join Zoom Meeting

<https://us02web.zoom.us/j/82975117370?pwd=MmlwbDILY1hXNmZHd1A0Vlpkd2tIQT09>

Meeting ID: 829 7511 7370

Password: 332916

One tap mobile

+13126266799,,82975117370#,,,0#,,332916# US (Chicago)

+16468769923,,82975117370#,,,0#,,332916# US (New York)

Find your local number: <https://us02web.zoom.us/j/82975117370?pwd=MmlwbDILY1hXNmZHd1A0Vlpkd2tIQT09>



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Indianapolis, IN 46227

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DIAL-IN

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- Landline is preferred for clarity.
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Weekly Calendar

Thursday, July 23	11:45 a.m.	Women's Lunch
Thursday, July 23	1:00 p.m.	Men's Lunch
Thursday, July 23	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 24	1:00 p.m.	Worship & Design Team
Sunday, July 26	9:30 a.m.	Sunday Adult Class
Sunday, July 26	11:00 a.m.	Worship (YouTube, FB, & Dial In)
Sunday, July 26	11:45 a.m.	Coffee Hour (or immediately after worship)
Tuesday, July 28	9:00 a.m.	Foundation
Tuesday, July 28	11:00 a.m.	Come Back Team
Tuesday, July 28	5:00 p.m.	Soul Care with Pastor Sarah (see announcement above for zoom link)
Tuesday, July 28	7:00 p.m.	Outdoor Vespers Service
Thursday, July 30	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 31	1:00 p.m.	Worship Design Team
Sunday, August 2	9:30 a.m.	Sunday Adult Class

Sunday, August 2	11:00 a.m.	Worship (YouTube, FB, & Dial In)
Sunday, August 2	11:45 a.m.	Coffee Hour (or immediately after worship)
Sunday, August 2	3:00 p.m.	Southeast Association Meeting (IKC Zoom link)

***All events are on Zoom unless indicated otherwise.**

 [FirstCongregationalUCCIndy](#)

 [Forward](#)



FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

Epistle for the Week of July 30, 2020

Through the end of August, the building of First Congregational UCC is closed. Masks are required for limited gatherings occurring outside. (See additional details below.)

Dear First Congregational,

What does it mean to choose to be people of blessing? What would it look like to arise each new day with words of blessings on our lips? What would it look like to end the day with blessings whispered into the night? Our faith gifts us with words of blessing to cherish within our own hearts and words of blessing to share.

May these words of blessing by UCC minister Mary Luti be a blessing to you:

Bless, O God, the unanswerable, the hypothetical, the possible

Bless the silence, the shrug, the hard to say, to "who knows," the "have to wait and see"

*Bless the markers, the absence of markers, the path, the no path, the indistinct, the clearing
Bless the arriving life, the nothing-normal-about-it new normal, the un-scouted, the future, the
unknown
Bless you in it, the presence, the firm, the knowing, the power, the same love
Bless you in it, the center, the serene, the hidden near, the gleaming, the boundless mercy, the
same love
The same love, here and there
The same love, now and when. Amen.*

----Mary Luti

Emerge: Blessings and Rituals for Unsheltering

Peace,
Pastor Sarah

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

Soul Care with Pastor Sarah - Join us on **Tuesdays from 5:00-6:00 p.m.** for a time to check-in, reflect on Richard Rohr's weekly meditations, and to pray together.

Here is the Zoom link:

<https://us02web.zoom.us/j/494018938?pwd=a3BrdnNyWXEza0tFMUgwek1CVFpYQT09>

Worship

Sunday Adult Education, 9:30 a.m.

Class will meet via

Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT0>

This Sunday we will wrap up discussion on last month's article from The Christian Century, December 27, 2018 titled "**Ten Myths White People Believe About Racism**" by Caroline B. Helsel. The article can be found at the link below, or by goggling the title:
<https://www.christiancentury.org/article/critical-essay/ten-myths-white-people-believe-about-racism>

Sunday worship, 11:00 a.m.

Pastor Sarah will preach on "Bread of Compassion."

Scripture: Matthew 14:13-21

3 Ways to Connect for Worship

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Coffee Hour, 11:45 a.m. (or immediately after worship)

Zoom

link: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

SE Association Meeting - Sunday, August 2, 3PM

We will be voting to welcome a new church into the SE Association and voting on a resolution to require anti-racism training for authorized ministers.

Join Zoom Meeting

<https://us02web.zoom.us/j/82975117370?pwd=MmlwbDlY1hXNmZHd1A0Vlpkd2tIQT09>

Meeting ID: 829 7511 7370

Password: 332916

One tap mobile

+13126266799,,82975117370#,,,0#,,332916# US (Chicago)

+16468769923,,82975117370#,,,0#,,332916# US (New York)

Find your local number: <https://us02web.zoom.us/j/kH1PFxo02>

What's Happening at FC

Mental Health Helpline

Anyone feeling anxiety from the pandemic should be encouraged to call the **Substance Abuse and Mental Health Services Administration's Disaster Distress Helpline at 800-985-5990**, or text **"TalkWithUs" to 66746**. Users will be connected with trained crisis counselors.

TODAY! Spiritual Support Group, Thursdays from 5:00 - 6:00 PM

Our weekly SPIRITUAL SUPPORT GROUP FOR MENTAL HEALTH & WELLNESS gathers on the church's ZOOM from 5:00 to 6:00 pm EVERY Thursday. Pastor Sarah and Pat Larracey will be leading this wonderful WISE program and is OPEN to all with mental illness and those living with mentally ill loved ones. We look forward to greeting each of you with love.

Zoom

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Food Drive for the Northside Pantry - Saturday, August 8, from 10 am – 12 pm

Let's help fight poverty and hunger through our food donations. We will meet on the outside church patio. Bring dry and canned goods, as well as personal care items (soap, deodorant, etc). You can also bring your plastic bottle caps and paper for recycling. In future communications, we will let you know of particularly desired items. Per new church policy on in-person gatherings, only 10 people may participate (physically distanced) at a time and masks are REQUIRED. Please contact Wendy Baldwin if you are interested in helping.

Outdoor Vespers Worship, August 11 & 25, 7:00 – 7:30 p.m., Memorial Garden

Join us for an outdoor evening vesper service. Our current plans are to have these every 2 weeks. Our outdoor protocols will apply, so bring your own chair and beverage, and keep 6 feet distant from others. Face masks are required per City of Indianapolis ordinance. It's a time to be in community, while being safe and loving with one another.

From the Comeback Team

We have been enjoying the small outdoor in-person events at church – so great to visit and see people! There are various protocols to follow, and to make it easier to remember, we are using the mantra of “Bring your own germs, keep them to yourself, and take them home with you”. Hence the recommendations to bring your own chairs, bring your own beverage and/or food, wear face masks, limit going inside the building, and definitely maintain 6 ft distances. To be on the safe side, we also want to keep track of who attended each event.

During this pandemic, each one of us has personal thoughts about what is, and isn't, safe. However, when the event is a “church event”, we need to be in covenant with one another - We are now REQUIRING face masks to be worn at church events. If you are not wearing one, and someone asks you to put one on, please hear this request with love. But better yet, please don't let others feel uncomfortable by not wearing a mask in their presence.

Protocols for outdoor gatherings:

1. Must be scheduled with Pastor Sarah, Shannon Abbott (Admin), and Wendy Baldwin (Bldg Mgr); groups may use any area of the church grounds (such as the patio, parking lot, Memorial Garden) where surface contact is minimized (not the playground for now)
2. Before the gathering, the group leader will receive the protocols to be observed, and make sure attendees are aware of these; the group leader is responsible that the protocols are followed
3. After the gathering, the group leader must send info about who attended to Pastor Sarah and Wendy Baldwin, for contact tracking purposes
4. Limit of 10 people at a time
5. A distance of 6 feet shall be observed between people of different households; no physical contact shall occur
6. Face masks are required
7. People who do not feel well should not attend
8. People should bring their own beverage/water bottle (do not use the church drinking fountains, water, ice, etc)
9. People should bring their own chair
10. Church restrooms should only be used for emergencies, and one will be required to sanitize after its use



Continue Your Support of First Congregational UCC

Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

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Sunday, August 2	11:45 a.m.	Coffee Hour (or immediately after worship)
Tuesday, August 4	1:00 p.m.	Worship & Design Team
Tuesday, August 4	5:00 p.m.	Soul Care with Pastor Sarah
Wednesday, July 5	7:00 p.m.	Trustees
Thursday, July 6	5:00 p.m.	Spiritual Support Group for Mental Health
Friday, July 7	10:00 a.m.	PCRC (Pastor Sarah)
Friday, July 7	1:00 p.m.	Worship & Design Team
Saturday, July 8	10:00 a.m.	Outdoor Food Drive
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