



FIRST CONGREGATIONAL CHURCH

*No matter who you are, or
where you are on life's journey,
you are welcome here!*

www.fcindy.org
317.257.5397

7171 N. Pennsylvania St.
Indianapolis, IN 46240

@FirstCongregationalUCCLndy

UNITED CHURCH OF CHRIST

Welcome to your spiritual home! We celebrate being a Just Peace making, Green for care of Creation, WISE (Welcoming, Inclusive, Supportive and Engaged) for mental health church with an Open and Affirming covenant supporting the LGBTQAAI+ community since 1994.

We welcome first time guests and include **all ages** in our worship service. We believe we are called by Jesus to be a transforming presence for God in the world. We are a place to **belong**, a place to **heal** and a place to **love**. **At First Congregational we recognize God as a loving, creating, all-encompassing Spirit who is not limited by usual human boundaries. Therefore, we practice the use of inclusive, expansive, and non-gendered language when speaking of and to God.**

Pastoral Care: Pastor Sarah may be reached at (386)478-9012 or pastorsarah@fcindy.org.

We celebrate our church staff:

Senior Pastor, Rev. Dr. Sarah Lund
Pastoral Care Associate, Pastor Carol Sowle
Office Administrator, Shannon Abbott
Music Designer/Organist, Sean Baker
Choir Director, Julie Houston

We celebrate our church leadership:

Alice Rutherford, Moderator
Larry Eckel, Vice Moderator
Rev. Dr. Pat Larracey, Clerk
Jim Lootens, Treasurer
Cheryl Dillenback, Financial Secretary

We celebrate our worship leaders today:

Rev. Dr. Pat Larracey & Nancy Dickinson, Worship Leader
Mayflower Quartette
Jesse Wittman, string bass
Mike Kessler, percussion
Julien Houston, flute

National Suicide Prevention Hotline: 1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264) and www.nami.org.

The Trevor Project hotline offers support for LGBTQIA+ youth and families struggling with mental health challenges at 1-866-4-U-TREVOR (488-7386) and www.theTrevorProject.org

MAY 17, 2020

MENTAL HEALTH SUNDAY

11:00 A.M.

Please speak the **bold**-printed words in unison.

Asterisk (*) indicates those who choose to may stand.

WE GATHER

PRELUDE Draw the Circle Wide Liberatore, arr. Baker
WELCOME & OPENING PRAYER Rev. Dr. Sarah Lund

*CALL TO WORSHIP

On this Mental Health Sunday, we celebrate the amazing power of God's Spirit to unite us through online worship and make us one.

Come, Holy Spirit, move through our hearts and minds, through the fears that separate us one from another.

Come, Holy Spirit, fill us with new life, free of fear, ignorance, and stigma that we may truly welcome, include, support, and engage all people, particularly those of us who live with mental health challenges and our loved ones.

Come, Holy Spirit, make us W.I.S.E for mental health and make our circle of care wide. Amen.

OPENING SONG What a Covenant

*THE PEACE

Share with those around you a sign of Christ's peace.

WE PROCLAIM

MESSAGE FOR ALL AGES Rev. Dr. Pat Larracey
MISSION MOMENT: W.I.S.E. Mental Health UCC Mental Health Network
SCRIPTURE Matthew 11:28-30 Nancy Dickinson
SERMON "Circles of Care" Rev. Dr. Sarah Lund

WE RESPOND

SHARING of JOYS and CONCERNS

We invite those who desire to share a joy or concern.

PASTORAL PRAYER & PRAYER OF OUR SAVIOR (from UCC Book of Worship)

Our God in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

INTERLUDE

Closer

Mancini, arr. Baker

CALL TO OFFERING and SERVICE

We invite those who desire to share a service opportunity to do so briefly.

*DOXOLOGY #778

Praise God from whom all blessings flow;
Praise God, all creatures here below;
Praise God for all that love has done:
Creator, Christ, and Spirit One.

WE GO

*BENEDICTION

Rev. Dr. Sarah Lund

POSTLUDE

Will the Circle Be Unbroken? Habershon, Gabirel, arr. Baker

Following worship, everyone is invited for coffee hour via Zoom.



CALLS to SERVE

"Here am I; send me!" Isaiah 6:8

May Mission of the Month: UCC Mental Health Network - The UCC Mental Health Network works to reduce stigma and promote the inclusion of people with mental illness/brain disorders and their families in the life, leadership and work of the congregation. Send a check to the church with MOM: UCC MHN in the memo line, or donate online at: www.mhn-ucc.org

Soul Care with Pastor Sarah: Tuesdays, 5:00 – 6:00 p.m. - Join us for our weekly "Soul-Care with Pastor Sarah" a time for church members to check-in, reflect on Richard Rohr's weekly meditations, and to pray together. This will be at a NEW TIME, Tuesdays from 5:00-6:00 p.m. Zoom link: <https://us02web.zoom.us/j/84830474505?pwd=Ny9oeE84a0lpcTUrWHU2dUhfVUZZQT09>

NEW Spiritual Support Group, Thursdays from 5:00 – 6:00 p.m. – The Spiritual Support Group is open to all with mental illness and those living with mental illness loved one. It is open to you, neighbors, friends & acquaintances. This group will meet every Thursday via Zoom: <https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTK5pcHZlYlB0aEFVUT09>

Bread for the World - Thank you to everyone who has written, emailed, or called their Senators and Representatives about the Bread for the World hunger issues. Please remember to email Shannon at shannon@fcindy.org to report your participation. This information will be helpful for our report to the Central Indiana Bread organizers.

Publications - Bulletins, Sermons, Epistles, and Colony are all available on our website: www.fcindy.org

Continue Your Support of First Congregational UCC - Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

FC Emergency Fund - The FC Emergency Fund seeks to support your housing, food, and medical needs if you find yourselves unemployed or underemployed. You can send a check to the church with "emergency fund" on the memo or make a donation on the church website. To request funds for you or your family, please contact me by email pastorsarah@fcindy.org or cell (386) 478-9012.

This Week on Zoom at First Congregational

Sunday, May 17	12:00 p.m.	Coffee Hour
Sunday, May 17	12:45 p.m.	Pastor Carol PCRC
Tuesday, May 19	1:30 p.m.	Book Circle
Tuesday, May 19	5:00 p.m.	Soul Care with Pastor Sarah (see announcement <u>above</u> for zoom link)
Wednesday, May 20	7:30 p.m.	Witness & Welcome
Thursday, May 21	5:00 p.m.	Spiritual Support Group
Friday, May 22	5:00 p.m.	Friday Fellowship
Sunday, May 24	9:30 a.m.	Sunday Adult Class
Sunday, May 24	11:00 a.m.	Worship
Sunday, May 24	11:45 a.m.	Coffee Hour

How to Access our Zoom Gatherings

<https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBtk5pcHZlYlB0aEFVUT09>

Meeting ID: 926 449 4206

Password: 7171

If you click on the URL, you should not need to enter in the Meeting ID and Password.

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

Today's Scripture

Matthew 11:28-30

²⁸ Come to me, all you who labor and carry heavy burdens, and I will give you rest.

²⁹ Take my yoke upon your shoulders and learn from me, for I am gentle and humble of heart. Here you will find rest for your souls,

³⁰ For my yoke is easy and my burden is light."

Priests for Equality. The Inclusive Bible: The First Egalitarian Translation (p. 647). Sheed & Ward. Kindle Edition.



@fc_indy



FirstCongregationalUCCIndy