



FIRST CONGREGATIONAL CHURCH

*No matter who you are, or
where you are on life's journey,
you are welcome here!*

www.fcindy.org
317.257.5397

7171 N. Pennsylvania St.
Indianapolis, IN 46240

@FirstCongregationalUCCLndy

UNITED CHURCH OF CHRIST

Welcome to your spiritual home! We celebrate being a Just Peace making, Green for care of Creation, WISE (Welcoming, Inclusive, Supportive and Engaged) for mental health church with an Open and Affirming covenant supporting the LGBTQAAI+ community since 1994.

We welcome first time guests and include **all ages** in our worship service. We believe we are called by Jesus to be a transforming presence for God in the world. We are a place to **belong**, a place to **heal** and a place to **love**. **At First Congregational we recognize God as a loving, creating, all-encompassing Spirit who is not limited by usual human boundaries. Therefore, we practice the use of inclusive, expansive, and non-gendered language when speaking of and to God.**

Pastoral Care: Pastor Sarah may be reached at (386)478-9012 or pastorsarah@fcindy.org.

We celebrate our church staff:

Senior Pastor, Rev. Dr. Sarah Lund
Pastoral Care Associate, Pastor Carol Sowle
Office Administrator, Shannon Abbott
Music Designer/Organist, Sean Baker
Student Pastor, Cassidy Hall

We celebrate our church leadership:

Alice Rutherford, Moderator
Larry Eckel, Vice Moderator
Rev. Dr. Pat Larracey, Clerk
Jim Lootens, Treasurer
Cheryl Dillenback, Financial Secretary

We celebrate our worship leaders today:

Student Pastor Cassidy Hall, reader
Mayflower Quartette

National Suicide Prevention Hotline: 1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

National Alliance on Mental Illness (NAMI) Information Helpline provides information and referral services. 1-800-950-NAMI (6264) and www.nami.org.

The Trevor Project hotline offers support for LGBTQIA+ youth and families struggling with mental health challenges at 1-866-4-U-TREVOR (488-7386) and www.theTrevorProject.org

SEPTEMBER 20, 2020

11:00 A.M.

WE GATHER

PRELUDE	Welcome to This House	Cowen, arr. Baker
INTROIT	Be Still and Know	
WELCOME		Rev. Dr. Sarah Lund
OPENING INVOCATION		Rev. Dr. Sarah Lund
OPENING HYMN #436	God of Grace and God of Glory (vs. 1,2)	<i>New Century Hymnal</i>
THE PEACE		Rev. Dr. Sarah Lund

Share with those around you a sign of Christ's peace.

WE PROCLAIM

SCRIPTURE	Exodus 16:2-15	Student Pastor Cassidy Hall
SERMON	Breathing into Tomorrow	Rev. Dr. Sarah Lund

WE RESPOND

HYMN #436	God of Grace and God of Glory (vs. 3,5)	<i>New Century Hymnal</i>
INTERLUDE	We Can Praise You, God!	Unbehagen

SHARING of JOYS and CONCERNS

We invite those who desire to share a joy or concern.

PASTORAL PRAYER & PRAYER OF OUR SAVIOR (from UCC Book of Worship)

Our God in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

PRAYER RESPONSE

Hear Our Prayer, O God

WE GO

CLOSING SONG #76

There Is Room For All

Sing! Prayer and Praise

BENEDICTION

Rev. Dr. Sarah Lund

BENEDICTION RESPONSE

Be Still and Know

POSTLUDE

Petite Toccata

Kimbal

Following worship, everyone is invited for Coffee Hour via Zoom.

CALLS to SERVE

"Here am I; send me!" Isaiah 6:8

TODAY! Coffee Hour, immediately after worship - (See Zoom link under "This Week...")

TODAY! Church Hum-a-long at 6:30 p.m. (outside) - We will gather in community to listen to some favorite hymns and music. (Humming along is allowed and toe-tapping is encouraged!) Bring your own lawn chair and wear your mask. We will be socially distancing, but the music will be amplified for all to hear. Come join us for a relaxing evening on the last Sunday of summer!

Soul Care with Pastor Sarah: Tuesdays, 5:00 – 6:00 p.m. - Join us for our weekly "Soul-Care with Pastor Sarah" a time for church members to check-in and to pray together. Zoom link: <https://us02web.zoom.us/j/84830474505?pwd=Ny9oeE84a0lpcTUrWHU2dUhFVUZZQT09>

Outdoor Vespers Service – Tuesday, 6:30-7:00 p.m. – Note the new time. Each Tuesday evening, you can join us in the lovely setting of the Memorial Garden for a quiet time to be together, ponder scripture, and share our joys and concerns. Bring a chair and face mask as we spend some precious time with one another, and practice our love by keeping distant and wearing face coverings. Note: if the weather is threatening, the event will be cancelled, since we cannot run into the building to take cover.

NEW! Wellness Wednesdays, 10:30 - 11:30 AM – Next Wednesday, September 23rd, join in a practice of Mid-Morning Prayers through contemplation, mindful movement, and prayers. See your Wellness Wednesday email next week for more information. Based on your comfort level, you may have your camera on or off during this practice. All Wellness Wednesday practices are recorded and shared on the church website and Facebook page.

Spiritual Support Group for Mental Health Conditions, Challenges, and Wellness - Every Thursday, 5 - 6pm (See Zoom link below) Led by Pastor Rev. Dr. Sarah Lund and Rev. Dr. Pat Larracey - We openly invite anyone seeking spiritual care for their well-being. We covenant with care givers for those with mental illness, those needing renewal, are burned-out, fearful, emotional, stigmatized or having disorders — all is confidential. You do not have to be alone with your struggles or journey.

Publications - Bulletins, Sermons, Epistles, and Colony are all available on our website: www.fcindy.org

Continue Your Support of First Congregational UCC - Please continue supporting the mission and ministries of your local church at <http://www.fcindy.org/online-giving/>

FC Emergency Fund - The FC Emergency Fund is available to support housing, food, and medical needs for any of our church family who find themselves unemployed or underemployed due to Covid-19 impacts. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012. To make a donation, send a check to the church with "emergency fund" on the memo or make a donation on the church website.

This Week at First Congregational

Sunday, Sept 20	9:30 a.m.	Sunday Adult Class
Sunday, Sept 20	11:00 a.m.	Sunday Worship (YouTube, Facebook, & Dial In)
Sunday, Sept 20	12:00 p.m.	Coffee Hour (immediately after worship)
Sunday, Sept 20	6:30 p.m.	Hum-a-long (outside at FC)
Tuesday, Sept 22	5:00 p.m.	Soul Care with Pastor Sarah
Tuesday, Sept 22	6:30 p.m.	Outdoor Vespers Service
Wednesday, Sept 23	10:30 a.m.	Wellness Wednesday
Wednesday, Sept 23	7:00 p.m.	Church Council
Thursday, Sept 24	11:45 a.m.	Women's Lunch Bunch
Thursday, Sept 24	5:00 p.m.	Spiritual Support Group
Sunday, Sept 27	9:30 a.m.	Sunday Adult Class
Sunday, Sept 27	11:00 a.m.	Worship (YouTube, Facebook, & Dial In)
Sunday, Sept 27	12:00 p.m.	Coffee Hour (immediately after worship)
Sunday, Sept 27	12:30 p.m.	Book Buzz

***All events are on Zoom unless indicated otherwise.**

How to Access our Zoom Gatherings

<https://us04web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTk5pcHZlYlB0aEFVUT09>

Meeting ID: 926 449 4206 Password: 7171

If you click on the URL, you should not need to enter in the Meeting ID and Password.

To dial in by phone: +1 312 626 6799, Meeting ID 926 449 4206, Password 7171.

Today's Scripture

Exodus 16:2-15

² They began to complain against Moses and Aaron there in the wilderness. ³ The people of Israel said to them, “If only we had died by YHWH’s hand in the land of Egypt, when we sat next to pots of meat and ate our bread till we were filled! But now you have brought the whole community out into this wilderness to die of hunger!” ⁴ Then YHWH said to Moses, “Look, I will rain down bread from heaven for you. The people will go out and gather a day’s portion every day, so that I can test them to see if they will follow my instructions. ⁵ On the sixth day, when they prepare what they brought in, it will be twice as much as the daily gathering.” ⁶ So Moses and Aaron said to the Israelites, “In the evening you will know that it was YHWH who brought you up out of Egypt, ⁷ and in the morning you will witness the glory of God, the One to whom you directed your complaints—for who are we, that you should complain to us?” ⁸ Moses continued, “It is YHWH who will give you meat in the evening for your meal, and all the bread you want in the morning, because YHWH has heard your complaints. For it is not to us that you are complaining—who are we?—but to YHWH.” ⁹ Then Moses said to Aaron, “Tell the whole Israelite community, ‘Present yourselves before YHWH, who has heard your complaints.’” ¹⁰ As Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of YHWH appearing in the form of a cloud. ¹¹ Then YHWH spoke to Moses and said, ¹² “I have heard the complaining of the people of Israel. Say this to them: ‘In the evening you will eat meat, and in the morning you will have your fill of bread. Then you will know that I, YHWH, am your God.’” ¹³ So it came about that in the evening quail flew in and all around the camp. And in the morning there was a layer of dew all around the camp; ¹⁴ when the layer of dew evaporated, there on the surface of the desert were flakes of something: delicate, powdery, fine as frost. ¹⁵ When they saw this, the people of Israel said to each other, “What is it?”—not knowing what it was. But Moses told them, “This is the bread YHWH has given you to eat.

Priests for Equality. The Inclusive Bible (pp. 144-145). Sheed & Ward. Kindle Edition.



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