



FIRST CONGREGATIONAL CHURCH

UNITED CHURCH OF CHRIST

THE PILGRIM COLONY

June 2021

Pastor's Reflections

"Freedom, after all, is like love: the more you give to others, the more you have." –Alice Walker

One thing I love about First Congregational is how we seek to love one another through the difficult times. This kind of determined love creates a freedom of the mind, body, and spirit. As Alice Walker says, "Freedom, after all, is like love: the more you give to others, the more you have." In our faith tradition we believe in freedom of thought, expression, and belief because God's Creation is magnificently diverse, and who are we to limit God? In this freedom, there is a dance of mutual respect, trust, accountability, and compassion for one another. We are free to love God, love our neighbors, and love ourselves fully. Isn't that liberating?

As we transition from spring into summer, let us continue to be led by God's liberating Spirit of Love. May all of our thoughts, words, and actions as a faith community come from this deep place of divine love. Thank you all for the love you have shown me, my family, our staff, and one another during this difficult and challenging pandemic.

Let us hold in our hearts one another and all who are in need of care, prayer, compassion, and connection. Especially, let's send our loving thoughts to people experiencing chronic pain and illness, feeling isolated and lonely, facing health challenges, and wondering what tomorrow will bring. Let's give our love away to others in this time where many are grieving, tired, and afraid of the future.

Every time we choose to give love away, we receive love. This is true freedom. This is what it means to Be the Church.

Blessings,
Pastor Sarah

Pastoral Care and Support: Contact Pastor Sarah at pastorsarah@fcindy.org and (386)478-9012.

While Pastor Sarah is away on vacation June 4 – 11, Pastor Carol may be reached for Pastoral Care needs at (317) 496-9732 or casowle@gmail.com.

Senior Councilors Report

Steve Coomer, Lead Councilor

Several months ago, in this column, I wrote of the Council's new governance structure for 2021, one which incorporates a shared leadership model. The roles of moderator and vice moderator have been replaced by a team of three senior councilors, each of whom serves a four-month term as "lead" councilor. I am pleased to report that this format is working extremely well thus far, thanks to your support and the concerted efforts of Pastor Sarah and the members of our church council. Personally, I am indebted to the exceptional contributions of my colleagues, Alice Rutherford, and Steve Coomer in launching this reorganization.

Beginning June 1st, Steve will take the helm as lead councilor. As you may know, he is *simultaneously* serving as chair of the trustees this year, a fact that reminds me of a quip attributed to Ben Franklin: "When you want something done, ask a busy person." Steve's tireless work ethic, practical insights and ready sense of humor are evident to all who know him. So, too, are his musical gifts: who among us has not experienced his wonderful resounding voice rising melodiously above our own while singing hymns in a Sunday service? And who has not marveled at his prodigious talent at playing the trumpet on special occasions?

Steve is a proud Hoosier who grew up attending a UCC church in his hometown of Dunkirk, not far from Muncie where he attended Ball State for his undergraduate and graduate studies. He then pursued a career teaching music to both elementary and secondary school students while simultaneously (there is that word again) performing in various orchestras, symphonies, and bands – among them a German band (think Oktoberfest) and the Scottish Rite Orchestra. His wife Gini, an Anderson native, is also a retired music teacher and school librarian who has graciously contributed her talents to organizing and cataloguing our church library. We are indeed fortunate that they both joined our church family five years ago. And it is a singular pleasure for me to pass the baton to Steve as lead councilor for the next four months.

- Larry Eckel, Senior Councilor

Pastoral Congregation Relations Committee

The pastoral office and other positions of staff leadership exist to build up the congregation as part of the Body of Christ and to equip the saints for the mission of the church. The particular relationship between a pastor and congregants should be tended deliberately, so that the ministries of both pastor and congregation complement each other and further God's grace in the world. As with any relationship, it must be respected and nurtured to grow in healthy and projective ways. For this reason, a Pastoral Congregation Relations Committee (PCRC) exists in a congregation to advise, assist, and promote the growth of this vital relationship.

PCRC meet quarterly and are available throughout the year for support and conversation. We are blessed to have both Pastor Sarah and Pastor Carol serve our congregation. Currently, Pastor Carol's focus is on the following areas:

pulpit supply, pastoral care visits, Adult Education and Worship Leader coordination.

PCRC for Pastor Sarah: Randy Walker, Lianna Campos, Nancy Dickinson, Chuck Kiphart

PCRC for Pastor Carol: Bob Cook, Gloria Boedeker, susana-judith rae

This Month at FC*

SUNDAYS	9:30 a.m.	Patio Psalms and Prayers
SUNDAYS	11:00 a.m.	Worship (YouTube, Facebook, Dial In)
SUNDAYS	12:00 p.m.	Coffee Hour (Zoom - immediately after worship)
TUESDAYS	7:00 p.m.	Vespers (at FC & on Zoom)
THURSDAYS	5:00 p.m.	Spiritual Support Group (Zoom)
Thursday, June 3	1:00 p.m.	Men's Lunch
Thursday, June 3 - 5	-----	IKC Annual Gathering (IKC Zoom)
Friday, June 4-11	-----	Pastor Sarah Vacation
Saturday, June 5	10:00 a.m.	Food Drive (at FC)
Sunday, June 6	11:00 a.m.	Communion Sunday with Pastor Carol preaching (YT, FB, Dial In)
Wednesday, June 9	7:00 p.m.	Trustees (Zoom)
Sunday, June 13	5:00 p.m.	Fun at First: BYO Picnic & Games
Tuesday, June 15	1:30 p.m.	Women's Book Circle
Wednesday, June 16	7:00 p.m.	Church Council (Zoom)
Thursday, June 17	1:00 p.m.	Men's Lunch
Wednesday, June 23	5:00 p.m.	WISE Mental Health Team (Zoom)
Thursday, June 24	11:30 a.m.	Women's Lunch Bunch (Zoom)
Wednesday, June 20	6:30 p.m.	Calling Circle (IKC Zoom)

**All activities are through the use of Zoom, Facebook, YouTube, or phone call-in unless otherwise stated.*

To join Zoom meetings, click this link:

<https://us02web.zoom.us/j/9264494206?pwd=dmtWbWE5UXRBTK5pcHZlYlB0aEFVUT09> Meeting ID: 926 449 4206 Password: 7171

To Join by Phone call only: 1 312 626 6799 US (Chicago), you will be prompted for the meeting ID 926 449 4206, followed by the # sign, and the Password 7171, followed by the # sign. You can call in and participant as a 'conference call'.

Church Council

Comeback Team: Current Building Policy

The Council recently approved the following policy:

As of June 1, the building is open for in-person gatherings. Recommended areas to use are the Parlor, the Library, and the Mayflower Room. Protocols to be followed: Sign-in sheet, social distancing and wearing of masks.

The target date for in-person worship in the sanctuary is August 1, contingent upon directives or changes in health and safety guidelines stipulated by Marion

County or the State. Protocols to be observed will be determined closer to August 1.



IT'S OUR SHOT, HOOSIERS
COVID-19 VACCINE

Are you ready to get back to the people and activities you love?

Your vaccination brings us one day closer to controlling the pandemic and reopening Church.

Get your vaccine ASAP!
Register at ourshot.in.gov or call 211.

WORSHIP & FAITH

Aurelia Glennan-March, Chair

Adult Ed for June

The Adult Ed team will be taking a Sabbath pause during the month of June. We'll be back in July!

Patio Psalms and Prayers

During the **Sundays in June**, grab your lawn chair and join us on the patio for an outdoor gathering time for faith formation. We will gather at **9:30**, open with a welcome, read and reflect on a Psalm (beginning with Psalm 1 on June 6), share joys and concerns, and then close with prayer and the Lord's Prayer. We will wrap up by 10:15. Please join us for this time of reflection and connection.

Hope to see you there!
Pastor Carol

3 Ways to Connect for Worship- Sundays at 11AM



FACE BOOK

https://www.facebook.com/pg/FirstCongregationalUCCIndy/posts/?ref=page_internal



YOUTUBE

- YouTube Live broadcasts at 10:45am with 15 minutes of gathering music. The service begins at 11am.



DIAL-IN

- **Dial 317-204-3862**
- Landline is preferred for clarity.
- If calling with a smart phone, setting your cellular setting to Wi-Fi calling will be clearer.

OUTREACH & SERVICE

Alice Rutherford, Chair

In support of our W.I.S.E. for Mental Health covenant, one of our Covenant Outreach recipients through August is the Julian Center, serving survivors of domestic violence, sexual violence, or stalking. The Outreach & Service Board has chosen to support this organization at this time due to indications that both victims and perpetrators of domestic violence, sexual violence, or stalking experience mental health challenges that contribute to a pattern of abuse.

Founded in 1975, the Julian Center is the largest organization supporting victims of domestic violence, sexual assault, and other life crises in Indiana. This vital ministry touches the lives of over 6,000 Hoosier survivors each year and empowers them to recover and build a life for themselves and their families absent of abuse. Its core purpose is to assist survivors through collaborative advocacy and support to achieve long-term safety, stability and self-sufficiency, along with ending the generational cycle of violence.

The Julian Center has carefully constructed a continuum of care to offer services for survivors throughout their journey, including a 24-hour crisis line, an emergency shelter, transitional housing for development of independence and self-sufficiency, and a host of counseling and support services. Providing these services costs approximately \$12,400 per day to cover staff salaries, utilities, security, food, and overhead costs. Shelter and supportive services are provided to all survivors, regardless of gender expression and sexual orientation.

The Julian Center welcomes any special talents or services that individual volunteers can provide. A few areas having the greatest impact include:

Printing and design
Graphic artistry skills
Photography
Landscaping
Transportation
Facility repairs
Facility maintenance and housekeeping

Thrifty Threads, located at 1501 West 86th Street (behind Half-Price Books), is a connected service. Items donated to Thrifty Threads in good condition are available to residents and clients of The Julian Center and other designated service providers as part of a voucher process so they can acquire necessary

items at no cost. All items are also available to the general public, and those monies go directly to support operating costs of The Julian Center.

More information about this vital ministry, along with additional volunteer and advocacy opportunities, can be found at www.juliancenter.org. Through August the Outreach & Service Board welcomes generous donations to Covenant Outreach to support the Julian Center, along with the UCC Mental Health Network and the Trevor Project (highlighted in the May Colony). Donate online or by check designated "Covenant Outreach". All collected contributions will be equally divided among these three recipients, unless otherwise requested.

Alice Rutherford, Outreach & Service Board Chair

Mental Health Team

The Mental Health Team is seeking new members who want to become part of the team. If interested or have questions, contact Sandy Wood@csjlwood@att.net or 317-225-6206. Thanks.

Need a Lift in Your Spirit? Join us every Thursdays for Spiritual Support Group for Mental Health at 5:00-6:00PM on Zoom

This gathering is open to everyone and is an informal time to check-in about how you are doing, get emotional support from church family, and offer prayer for one another as we navigate nurturing positive mental health in these difficult days.

We are an open group with confidentiality guidelines. Sessions are on Zoom and led by Pastor Rev. Dr. Sarah Lund and Rev. Dr. Patrick Larracey, co-chair of the church's WISE Team. Please feel free to call or email either of us if you have questions: Pastor Sarah: pastorsarah@fcindy.org, or 386-478-9012.

CARE & CONNECTIONS

Wendy Baldwin, Chair

Happy Birthday in June!

Larry Eckel
Nathan Howard

Eleanora Metzger
Steve Sachs



If you're having a birthday in June, and you are not on this list, please contact Wendy Baldwin, so we can add you to our master list for the future!



Feeding the Community

Food Drive & Fellowship! 1st Saturday of the Month – June 5, 10-noon

Our food donations to the Northside Pantry are helping to fight hunger needs, and the Pantry is very grateful that we are doing this – in 2021 we have already contributed over 1300 lbs of food and supplies! And our greatest gift – the ability to spend a few minutes of in-person fellowship with those that are there, while maintaining safe virus protocols.

Fun at First! BYO Picnic & Games – Sunday, June 13, 5-7 pm

Looking for some in-person fun and community? Join us on a Sunday evening to eat and have fun. Bring your own lawn chair and picnic dinner, and the church will provide drinks and dessert. We'll also have a variety of table and outdoor games to play. We'll be outdoors at our church building, while observing safety protocols of distancing and mask wearing. All ages welcome, and bring a friend! Questions? Contact Wendy Baldwin.



Vesper Gatherings – Tuesdays, 7-7:30 pm, outdoors & on Zoom

Join us for a time of togetherness, Scripture, and sharing of joys and concerns. When weather conditions allow, Vespers will be outdoors at the church at 7 pm. Please bring a lawn chair, and follow the church outdoor mask and distancing protocols. We will meet on Zoom if it's raining.

Updated Address Directory

The address directory has been updated for 2021. Printed copies are available at the church, as well as an electronic file. If you would like an electronic file, please contact Shannon Abbott; if you would like a printed version, please contact Wendy Baldwin.

TRUSTEES

Steve Coomer, Chair

Are You Current on Recycling?

We all know about the value to the planet of recycling and many of us have been doing it for years. Still it may be helpful to review the issue to be sure that we're following the current practices. Some of the items that were originally recommended for recycling nor longer are, and others that were not recommended for recycling now are. Examples of items to recycle include take out containers and paper, but not shredded paper, tissues, paper napkins nor paper towels. Glass recycling varies by location. Hazardous waste, electronics, light bulbs and batteries are non-recyclable but can be disposed of by using Tox-Away sites. More details may be found in the IndyStar's guide or online at republicservices.com.

- Bill Gillette, Green Team

Financial Update

When We Give, We Reach Out With Helping Hands

Here are the financial results through April 30, 2021.

1. Current Year Actual vs Budget Summary

1/1/2021 through 4/30/2021 Using 2021 Budget

1

Category	1/1/2021 Actual	- Budget	4/30/2021 Difference
INCOME	80,287	81,970	-1,684
M. Unrestricted Contributions	80,287	81,970	-1,684
M.01 Pledged Offerings	65,116	65,432	-316
M.02 UnPledged Offerings	2,005	3,372	-1,367
M.03 Rollover Prior Year Surplus_D...	-21,284	-21,284	0
M.04 Foundation - Endowment Fund...	0	0	0
M.05 Foundation - Minister Fund Draw	0	0	0
M.06 Foundation - Trad. Music Fund...	0	0	0
M.07. Transfer from Youth Fund	0	0	0
M.08 Other Transfers from Restr Ac...	0	0	0
M.09 PPP Loan Forgiveness	34,450	34,450	0
EXPENSES	85,214	88,422	3,208
A. Pastoral Leadership	41,420	41,693	273
B. Worship & Faith	10,779	10,797	18
C. Care & Connections	63	30	-33
D. Witness & Welcome	0	163	163
E. Outreach & Service	5,750	5,727	-23
F. Trustees	0	39	39
G. Administration & Operations	7,117	7,650	533
H. House & Grounds	18,024	19,855	1,831
I. Miscellaneous	2,061	2,468	406
Net Difference:	-4,927	-6,452	1,525

Highlights:

- **Income** for the first four months was \$80,300, \$1,700 below our 2021 budget.
- **Expenses** of \$85,200 were \$3,200 below budget, with most of the savings coming from House & Grounds. This savings is likely just timing. All other areas are running essentially right on budget.
- **Cash** was very strong at over \$78,000. This reflects \$34,700 of new funding from the Payroll Protection Program. These funds will allow us to continue to pay our employees and musicians throughout 2021 as if we were operating fully in person. The funds will also reduce the amount of funds we will need to draw on the FCC Foundation to balance the 2021 budget.

If you have any questions, please don't hesitate to contact me.

Jim Lootens, Treasurer (lootens.jb@gmail.com)

COMMUNITY

In the Presence of Brilliance

"For the whole world was illumined with brilliant light [...] (Wisdom 17:20 NRSV).

Have you been "in the presence of brilliance"? What do you suppose this idea means? A secular example of brilliance could refer to President John Kennedy's words about the April 1962 Nobel Prize dinner at the White House. According to historian and presidential biographer Jon Meacham,

Kennedy [speculated](#), “I think this is the most extraordinary collection of talent, of human knowledge, that has ever been gathered together at the White House, with the possible exception of when Thomas Jefferson dined alone.” Until March 2021, I doubt I had ever spoken or written the phrase “in the presence of brilliance.” What caused me to ponder this notion? My musings began after reading about the death, at 95, of my all-time favorite teacher, Emory University’s Political Science Professor [Richard F. Staar](#). His spring 1966 course “Soviet Foreign Policy” and his fall 1966 “International Affairs” were my favorite classes at Emory.

Looking back, I realize that, despite Dr. Staar’s challenging in-class questions, assigned papers, tests, and exams, his courses were the highlight of my four years at Emory. Soon, I wanted everyone to experience the joy of hearing his lectures. After weeks of urging my roommate to sit in on one of his classes, one day she did appear in my classroom. After Dr. Staar’s shining presentation, though, her only words to me were “How can you take notes? He is impossible!” Obviously, my treasured professor was not everyone’s cup of tea.

Off and on throughout each course, Dr. Staar reminded us to send a substitute to take notes if we ever had to miss class. Once when disappointed that several students were unprepared, he started going down his attendance list. After he pronounced one student’s name, I heard no answer. “When I took attendance earlier today, someone answered!” Dr. Staar bellowed. “Which one of you responded?”

A hand slowly raised.

“And who are you?” the professor demanded.

“Joe sent me to answer roll for him and take notes,” an obviously terrified young man replied.

The look on Dr. Staar’s face and his immediate burst of laughter suggested that he had a delightful sense of humor: he had been joking about our sending a substitute!

My joy in being in Dr. Staar’s presence even extended to my student-teaching days when I was a Senior at Emory. I wanted my high-school students to hear the world’s greatest lecturer. When I asked this man I admired if he would please speak to my class, he answered, “If you buy me lunch.”

Soon I ordered him a teacher’s lunch for that day. When a lunchroom worker brought out a substantial platter of food, Dr. Staar—a tall, strong, muscular man with an athletic build—looked at the plate and stated, “I’m going to need two of these.” Then, he, who daily swam many laps at Emory’s indoor pool, ate every bite of his double lunch.

Next, we headed for my class of senior high students. After I excitedly introduced the visiting lecturer, his opening remark was, “Miss Giles didn’t feel like making a lesson plan for today; so she asked me to cover for her.” Maybe being witty is a quality of brilliance.

Perhaps you will want to [read](#) more about Dr. Staar’s brilliance, his proficiency in eight languages, and his intriguing multiple careers. One ever-so-shocking, heartbreaking thread of his adventurous life was being tortured in a Gestapo camp. A positive thread was his willingly saying “yes” to President Ronald Reagan, who beginning in 1981, wisely appointed the professor to various positions in Reagan’s administration. My hero served his country and, also, fit

the dictionary definition of *brilliance*: “distinguished by unusual mental keenness or alertness.” Thank God for the occasional presence of brilliance in our lives.

- susanna-judith rae

On Just Peace and Cultivating Inclusivity

Article from: <https://blogs.butler.edu/cfv/2021/05/25/on-just-peace-and-cultivating-inclusivity/>

Working with the CFV this past semester has been so enriching and has encouraged me to reflect more deeply on how I use my skills and passions to create a more inclusive community. I worked with First Congregational UCC Church over the past semester as their Just Peace Intern, and it wasn't until I got this chance did I begin to question how my life overlapped with these efforts.

To me, just peace requires a conscious commitment and work to improve the worldly community so everyone can have opportunity. It also means that we must be able to welcome in others who are different from us to have a holistic view meant to create justice. In discussions with other CFV interns and internship mentors, I was able to see how this work is deeply rooted in my own personal values, and I concretely identified what these were with Marguerite's guidance. Identifying and reaching out to my mentors was another crucial part of this process that I know will aid me as I continue to search for my true vocation and others who have these same goals.

Being able to experience so many aspects of leadership throughout my leadership has also given me the resolve to continue working on behalf of others. In all, my work with First Congregational exposed me to community organizing, religious leadership, ways to best cultivate inner peace, professional correspondence skills, and above all, moments to practice community-building. First Congregational prides themselves on being a space for everyone to inhabit and be themselves, regardless of their moment in life or other stigmas they face in the outside world. The CFV and the mentoring program helped me feel validated in this work to create a more inclusive and welcoming community, far beyond what other volunteer or service opportunities ever have before.

It is my hope that my experience over the past semester continues to inspire me to reflect, advocate, share, and advance my own vocational experience in the Indianapolis community and in my future endeavors. I know First Congregational is a faith community that has benefitted from my gifts and passions only because the Center for Faith and Vocation has encouraged me and other Butler students to think critically about *why* we do what we do. We are all thankful for this experience and will continue to share what we have learned this past semester.

Congratulations to all my fellow interns as well! You all rocked your internships this semester!"

- David Clark, former FC Just Peace Intern

IKC Virtual Annual Gathering: June 3-5, 2021



Welcome to the Indiana-Kentucky Conference Virtual Annual Gathering 2021! Our theme this year is "From Sackcloth to Joy" as we name the hardship of this past year, but also the joy of moving towards a new beginning. We will be blessed by storytelling, worship, an engaging keynote experience with

the Rev. Dr. Gregory Ellison II, and look towards our future as a Conference that will not only host the next in person General Synod in 2023, but is beginning to imagine a new vision for where God is leading us. We are glad you will join us for this gathering by arriving here at our registration page. Per our new Constitution and Bylaws passing in 2019, you will notice that we will not have a business meeting this year and so your registration will be streamlined not as a delegate or guest, but to everyone identifying as a guest to the gathering. It is out of an abundance of caution that we will have this gathering virtually as the COVID-19 pandemic continues to present some current risk and we seek to continue loving our neighbor by mitigating the spread of the virus further. With great anticipation, however, we look forward to a gathering in 2022 with hope that we can actually be together in person. All that said, we welcome you to the Indiana-Kentucky Conference 2021 Annual Gathering as we step from sackcloth and into the joy of God. May you experience the God of joy in our time together.

Help Needed: A Letter from the Southeast Association President

My name is Peter Frye, and I am honored to have begun serving you as the Southeast Association's president. As I mentioned at the annual meeting in April, I believe that one of my primary roles is to support and facilitate the ways in which you as congregations live out the call of Christ to "love one another," in the various ways in which you serve your communities and support each other's ministries.

One of the first, and one of the most important, ways I am hoping to do this is to ensure that we have some essential roles filled in the areas of Registrar of the Association and the Committee on Ministry. For this I am going to need your help.

I know the vital roles that these positions play in the daily work of our Association, even though much of that work occurs a bit behind the scenes. Our Committee on Ministry and our Registrar often work hand in hand to ensure that authorized clergy are supported and kept up to date on requirements for what can be an ever-changing environment of today's ministry and church needs.

Our **Registrar's** roles in particular include:

- being the secretary of the Association, issuing announcements for and keeping complete and accurate minutes of all business

meetings, Ecclesiastical Councils, and Meetings of the Officers of the Association. They will also report to the Annual Meeting all information relating to the change of status of ministers, local churches, and students-in-care of the Association for the previous calendar year.

- receive and retain all certificates and correspondence pertaining to the standing of members, as well as issue certificates relating to standing of members as authorized by the Committee on Ministry or Ecclesiastical Councils.
- serve as a member of the Committee on Ministry with voice and vote.

Our **Committee on Ministry** members serve to assist and support those in all areas of calls to ministry, from those who are beginning their journey of discernment, to those who have begun their first call, to those well within their career or even making the transition to retirement after years of service. The Committee also seeks to support congregations as well, to be a resource for them in all seasons of congregational life, for challenges and celebrations!

Currently we have an urgent need for a Registrar as well as for three members to serve on our Committee on Ministry. In order to have a well-balanced and diverse range of members on the Committee on Ministry, we would wish to have 1 layperson and 2 clergy join the roster, at least one of these being female.

I would ask for you as congregations and as clergy to prayerfully consider this call to service to the greater church that is the Southeast Association. Please contact me at pafrye@hotmail.com or (812) 363-3199 if you would like to serve or if you have any questions at all.

As a member of this Association of churches, I have seen what good work has been and is being done by our fellow members when they answer the call to service here, and I am looking forward to seeing you join in on this good work. Thank you again for your prayerful consideration, and I look forward to hearing from you.

Blessings and Peace,
Rev. Peter Frye,
President, Southeast Association

IKC UCC Southeast Association Eviction Ministry Update

Although the CDC has extended the eviction moratorium through June 30th, this does not mean that individuals and families cannot be evicted or have eviction paperwork filed against them. We have seen this time and time again throughout this pandemic. In addition, some judges throughout the country are challenging this moratorium, so there is no guarantee that this will hold. As more and more restrictions around the pandemic are being loosened, the need for support to reduce evictions is increasing, and we are expecting more requests moving forward.

How can you help?

- Join our Team - We welcome new members who want to join our team.

- Legal resources - If you have legal experience with the eviction process, we would love to talk with you to gain better insight into the legal process.
- Checks can be made out to:
Southeast Association of the IKC UCC. (Please include in the memo line: "Eviction Ministry.")
Donations can be mailed to the treasurer at:
SE Association Eviction Ministry
Attn: Margie Potter
726 Coach Rd.
Indianapolis, IN 46227

Thank you for your support,

- Rev. Shannon Abbott (shannon@fcindy.org), Pastor Sarah Frische-Mouri Hannigan (pastorsarahzucc@gmail.com), Walter Ziebell (wziebell@gmail.com)

ANNOUNCEMENTS

July Colony Submission Deadline: Please email your submissions to Shannon at shannon@fcindy.org no later than **Thursday, June 17th**.

Women's Lunch Bunch: All women of the church are invited to get together once a month at **11:30am**. via Zoom for lunch, friendship and fellowship. This month, they meet on **June 24th**. For questions or more information please contact Sue Chapman at (317) 259-1806 or carolsuech59@gmail.com.

Men's Lunch: This lunch and discussion gathering for men of First Congregational meets every other Thursday at **1:00pm**. For more information, please contact Dick Clough at (317) 872-3910 or Randy Walker at (317) 796-2081.

Women's Book Circle: We meet on the **third Tuesday** of each month at **1:30**. This month, we will meet on **June 15th** outside at the church. Bring your own everything (chair, drink, snack). Join us! For more information please contact Karen Walker at 317-319-8950 or karen.e.d.walker@gmail.com

Members In Need Fund - The Members In Need Fund is available to support financial needs for any of our church family who find themselves in need. To request funds for you or your family, please contact Pastor Sarah by email pastorsarah@fcindy.org or cell (386) 478-9012.

Joyful June 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Decide to look for what's good every day this month

2 Say positive things in your conversations with others

3 Re-frame a worry and try to find a helpful way to think about it

4 Take a photo of something that brings you joy and share it

5 Think of 3 things you're grateful for and write them down

6 Get out into green space and feel the joy that nature brings

7 Do something healthy which makes you feel good

8 Find joy in music: sing, play, dance, listen or share

9 Ask a friend what made them happy recently

10 Bring joy to others by doing something kind for them

11 Eat good food that makes you happy and really savour it

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

18 Look for something good in a difficult situation

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

25 Show your appreciation to people who are helping others

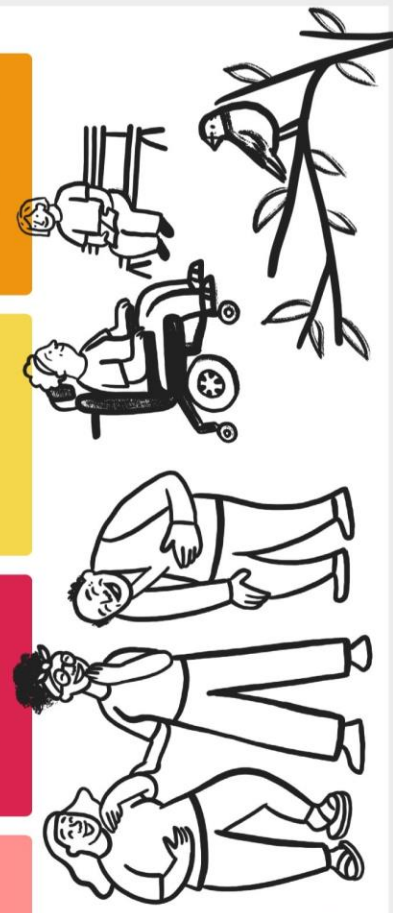
26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together