



**We celebrate our worship leaders today:**

Rev. Dr. Sarah Lund (she/her), Worship Leader

Rev. Richard Brendan, Worship Leader

Sean Baker (he/him), Music Director, Video Designer

Gracelynn Norgaard (she/her), Family Faith Ministry Leader

Scott Semester (he/him), Worship Song Leader

Hugh Weatherly, Just Peace Intern

Mayflower Singers

Ben James (he/him), Media Technician



## SCRIPTURE READING

ISAIAH 58:6-13

On the contrary! This is the sort of fast that pleases me: Remove the chains of injustice! Undo the ropes of the yoke! Let those who are oppressed go free, and break every yoke you encounter! Share your bread with those who are hungry, and shelter homeless poor people! Clothe those who are naked, and don't hide from the needs of your own flesh and blood! Do this, and your light will shine like the dawn—and your healing will break forth like lightning! Your integrity will go before you, and the glory of YHWH will be your rearguard. Cry, and YHWH will answer; call, and God will say, 'I am here'— provided you remove from your midst all oppression, finger pointing, and malicious talk! If you give yourself to the hungry and satisfy the needs of the afflicted, then your light will rise in the darkness, and your shadows will become like noon. YHWH will always guide you, giving relief in desert places. God will give strength to your bones and you will be like a watered garden, like a spring of water whose waters never run dry. You will rebuild the ancient ruins, and build upon age-old foundations. You will be called Repairer of Broken Walls, and Restorer of Ruined Neighborhoods. If you refrain from trampling the Sabbath and doing business on the holy day, if you call the Sabbath delightful and the day sacred to YHWH honorable, if you honor it by not pursuing your own ways,

## MEDIATION

Again, We Keep This Solemn Fast

## SCRIPTURE READING

MATTHEW 6:5-15

“And when you pray, don't behave like the hypocrites; they love to pray standing up in the synagogues and on street corners for people to see them. The truth is, they have received their reward in full. But when you pray, go to your room, shut the door, and pray to God who is in that secret place, and your Abba God—who sees all that is done in secret—will reward you. “And when you pray, don't babble like the Gentiles. They think God will hear them if they use a lot of words. Don't imitate them. Your God knows what you need before you ask it. This is how you are to pray: 'Abba God in heaven, hallowed be your name!

May your reign come; may your will be done on earth as it is in heaven: give us today the bread of Tomorrow. And forgive us our debts, as we hereby forgive those who are indebted to us. Don't put us to the test, but free us from evil.' "If you forgive the faults of others, Abba God will forgive you yours. If you don't forgive others, neither will Abba God forgive you.

SONG #20

O God, Hear my Prayer

SILENCE

PRAYER

Pastor Richard

BLESSING OF ASHES

MEDITATION

Dust and Ashes Touch Our Face

SONG #49

Live in Charity

CLOSING UNISON PRAYER

**Holy Spirit, Spirit of the Living God,  
You breathe in us  
On all that is inadequate and fragile**

**You make living waters spring even  
From our hurts themselves. And  
Through you, the valley of tears  
Becomes a place of wellsprings.**

**So, in an inner life  
With neither beginning nor end,  
Your continual presence  
Makes new freshness break through.**

POSTLUDE

Give Me a Clean Heart